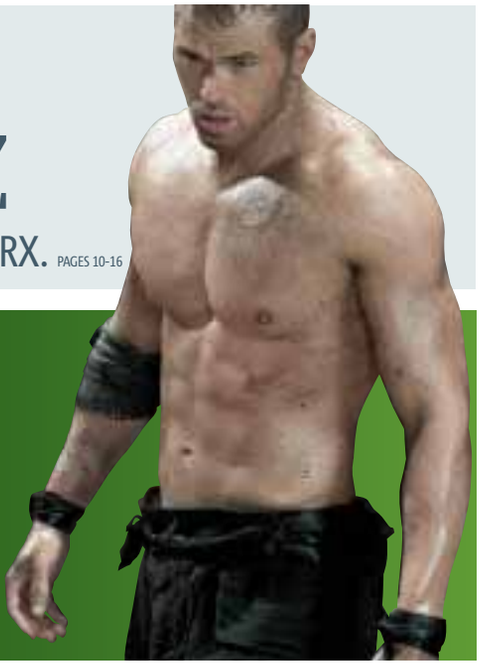
The **All New** Revel Card.
REAL BENEFITS.
REAL FAST.
3X Tier Points & Resort Dollars Every day in January.
REVEL
CASINO · HOTEL
revelcasino.com
Some restrictions apply. See Revel Card Desk or revelcasino.com for complete details. Gambling Problem? Call 1-800-GAMBLER.

A WHOLE LOTTA LUTZ

KELLAN TALKS ABOUT SEX AND TRX. PAGES 10-16



metro®

NEW YORK CITY'S #1 FREE DAILY NEWSPAPER
Wednesday, January 8, 2014 **www.metro.us | t: MetroNew York | f: MetroNewYork**

Films. Meryl Streep felt lousy filming this scene
PAGE 11

Home. Drew Scott offers 'Property' Brotherly advice
PAGE 14

Style. Fashion-forward thinking for the new year
PAGE 15

WHO WILL BE THE VOICE?

Biggest Mic.
City Council will vote for their next Speaker today, the second most powerful position in City Hall.

Top Two.
Councilman Dan Garodnick and Councilwoman Melissa Mark-Viverito have been duking it out as the front-runners for the coveted job.

De Blasio's right-hand.
Who is expected to win? PAGE 02

1 NEWS

Dan Garodnick, left, talks with children at a school on the Upper East Side. Melissa Mark-Viverito, right, hugs supporters after her inauguration in December. / WILLIAM ALTRISTE

Two vie for a chance to lead a new City Council

Vote. The City Council is set to elect a new speaker Wednesday.

There are no voting booths in the City Council Chambers.

Yet, noon Wednesday, 51 members will determine the next City Council Speaker, a position many believe to be the second most powerful in City Hall.

A handful of members vied for the position until two frontrunners emerged last month: Harlem Councilwoman Melissa Mark-Viverito and East Side Councilman Dan Garodnick.

After Mayor Bill de Blasio privately called members noting his preference for Melissa Mark-Viverito in December, she declared victory.

She said she supports the creation of an independent legislative drafting unit, as well as reforms to how discretionary spending is dolled out by the speaker.

She and Garodnick both pledged to support such rules reform.

"There's been discussion about reforms that many of us would like to see happen, making the council more open," she said.

While the majority of members — 31, including herself — publicly declared support for Mark-Viverito, Garodnick remains defiant.

"It's not a prescription for City Council independence where the mayor is involved in picking the leadership," he said.

Responding to such criticisms, Mark-Viverito said she has a proven "trajectory" of independence.

Garodnick is still hopeful about his chances, trying to make his case in the last days leading up to the vote.

As speaker, Garodnick said he hopes to "empower" individual members.

"I would want to put myself in the background," he said.

Independence

"It's not a prescription for City Council independence where the mayor is involved in picking the leadership and that is a concern to many of us." Dan Garodnick

Reform

"There's been discussion about reforms that many of us would like to see happen, making the council more open."
Melissa Mark-Viverito

ANNA SANDERS
anna.sanders@metro.us

Top 3

What's trending online at Metro.us

1 'VIDEO: Polar vortex causes everyone to conduct science experiments'

2 'Louis C.K. reveals crappy ending to 'American Hustle' ice fishing story'

3 'VIDEO: Teen lip syncs to Queen every day for three years'

Quoted

"The council members are going to make the decision. and then I know they will be independent and she will be independent. I have no doubt about it."
De Blasio on his support for Councilwoman Mark-Viverito

Freezing temperatures grip NYC

This was the coldest Jan. 7 going back to 1896. / GETTY IMAGES

Frigid temperatures broke a 118-year-old record Tuesday as New Yorkers endured the effects of a nationwide "polar vortex."

Temperatures dropped to a low of 4 degrees in the city, according to the National Weather Service.

The previous record for Jan. 7 was set in 1896, when temperatures reached 6 degrees.

In Central Park, that record was broken before 7 a.m., when temperatures reached 5 degrees Fahrenheit and continued to drop.

Wind chills reached minus 17 degrees just before 9 a.m.

Wind chills between minus 15 and minus 20 degrees can cause frostbite in just 30 minutes.

Still, as the National Weather Service noted, New York has survived a lot worse.

The coldest temperatures ever recorded in the city were felt Feb. 9, 1934, when the low hit minus 15 degrees.

ANNA SANDERS

Bundle up

-17

The wind chill reached an unusual low on Tuesday morning.

CAN YOU #MAKECHANGE FOR $10,000?

metroPCS LEADERS AND SCHOLARS

Tell us how, for a chance to earn a college scholarship.

Pitch your best idea for how to #MakeChange in your community to earn a chance at a $10,000 college scholarship and $10,000 more to fund your community service project.

Deadline for entries: January 30, 2014

Get started at LeadersandScholars.com

metroPCS®
Wireless for All.

Follow us at @metropcsny

Deadline for applications is January 30, 2014. Selection of recipients and fulfillment of all scholarships are made by Scholarship Management Services. In no instance does any officer or employee of MetroPCS LLC play a part in the selection or distribution of scholarships. All applicants accept the decision as final. All applicants whose materials were processed will be notified March 1, 2014. Not all applicants will be selected as recipients. For specific eligibility criteria and detailed rules/regulations visit leadersandscholars.com. MetroPCS LLC reserves the right to review the conditions and procedures of this scholarship program and to make changes at any time including termination of the program. Any program revisions can be found on leadersandscholars.com. Other than permissions authorized on the application, recipients have no obligation to MetroPCS LLC. They are, however, required to notify Scholarship Management Services of any changes in address, school enrollment, or other relevant information and to send a complete transcript and endorsement when requested. This scholarship program is administered by Scholarship Management Services, a division of Scholarship America. Scholarship Management Services is the nation's largest designer and manager of scholarship and tuition reimbursement programs for corporations, foundations, associations and individuals. Awards are granted without regard to race, color, creed, religion, sexual orientation, gender, disability or national origin.

Brooklyn

Robbers put 89-year-old woman in choke hold

An 89-year-old woman with a walker was followed into her Brooklyn apartment building and put in a choke hold during a robbery on Saturday, police said. Two suspects are being sought in connection with the crime.

Police said a man and a woman followed the victim into the elevator. The man put the victim in a choke hold as the woman took her pocketbook with bank cards and an unknown amount of cash.

The pair then fled the scene.

The man is described as black, 6 feet tall and 200 pounds. He was wearing a light brown jacket, dark jeans and brown ski cap, police said.

The woman is described as black, wearing a dark jacket, jeans and red shoes.

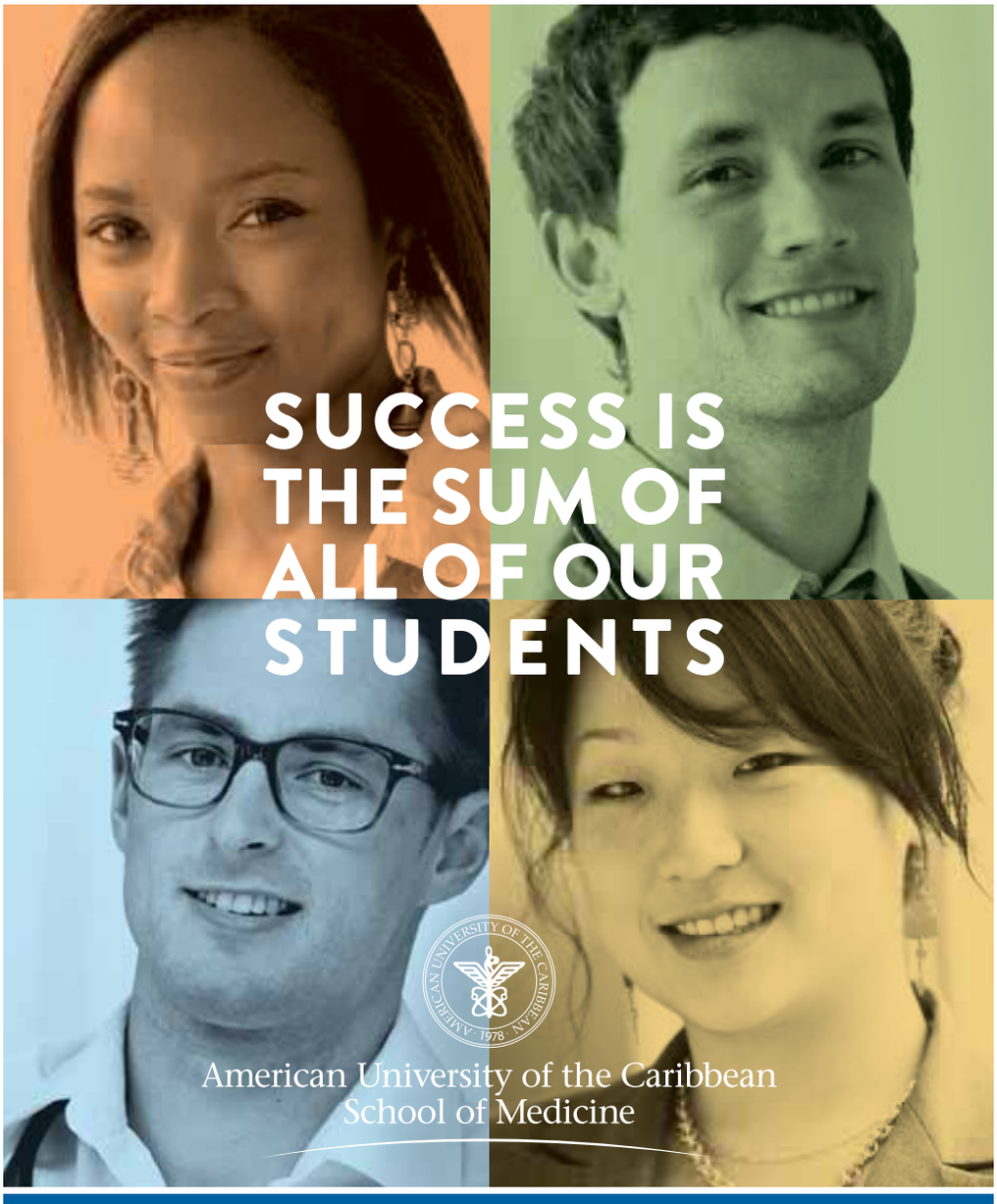
Anyone with information about the robbery is asked to call Crime Stoppers at 800-577-TIPS or submit tips online. All information will remain confidential.

ANNA SANDERS

By the numbers

2

The number of people that attacked the elderly woman



WE'RE MORE THAN A MED SCHOOL. WE'RE A UNIQUE COMMUNITY.

Don't miss our Enrollment Open House at
10:00 AM on Saturday, January 18, at the Marriott Marquis in NYC.

TO REGISTER AND LEARN MORE, VISIT WWW.AUCMED.EDU.

P: 866-DR2B-AUC (866-372-2282) For consumer information, please visit www.aucmed.edu/about/student-consumer-information.aspx.
© 2013 Global Education International. All rights reserved.

Gov. Cuomo and Vice President Joe Biden discuss infrastructure in the wake of Superstorm Sandy. / OFFICE OF THE GOVERNOR

Cuomo and Biden unveil resiliency plans for NY

Strategy. The vice president and governor lay out strategy to better protect New Yorkers from extreme weather.

Vice President Joe Biden joined Gov. Andrew Cuomo during the announcement of a $17 billion strategy to protect New Yorkers from future extreme weather in the wake of Superstorm Sandy.

"The new reality in New York is we are getting hit by 100-year storms every couple of years. We have to wake up to that new reality by completely reimagining our state to be ready for any future disaster," Cuomo said in a statement.

The program, dubbed Reimagining New York for a New Reality, will use federal funds appropriated for recovery and relief after three recent storms — Sandy, Irene and Lee — along with state funds.

"This wouldn't happen without the federal government and without their support," Cuomo said at a press conference Tuesday.

The program will address improvements to the state's infrastructure, transportation networks, energy supply, coastal protection, weather warning system and emergency management as extreme weather becomes more likely as a result of climate change.

"I know there are global warming deniers. I'm not going to get into that debate," Biden said. "But the reality is: This is going to continue to happen."

ANNA SANDERS
anna.sanders@metro.us

New extremes

"We have to wake up to that new reality by completely reimagining our state to be ready for any future disaster."

Cuomo

Thanks to you, we're expanding!

Classic has acquired a second sales location to better serve our growing following of home seekers! Closer to you! Closer to NYC!

Just off Route 209 North in E. Stroudsburg, PA -- now offering an even bigger list of commutable homesites.Come celebrate with us!

EXPRESS COMMUTER BUSES
(4 per hour) 90 mins to NYC!

To celebrate our expansion, receive a

$14,000 GIFT CHECK

PLUS UP TO $6,000* TOWARD CLOSING COSTS!

*** Closing cost allowance based on 2% of purchase price of home selected.**

All Classic Mainline Homes include up to 4 bedrooms, 2½ baths, garage, living room, dining room, complete appliance package, Central Air and Heat, landscaping, and a host of features. including permitting, driveway and well -- all included in the purchase price!

THE COUNTRY HOME -- *A Classic Mainline Home*

NOW $199,900

2,681 SQ. FT. • LARGE OPEN FOYER

$7,000 DOWN PAYMENT

$1,620* per month pays all including principal, interest, taxes and insurance!

THE HOMESTEAD -- *A Classic Mainline Home*

now $273,900

3,392 SQ. FT. • 4 BR PLUS SPACIOUS LOFT

$9,586 DOWN PAYMENT

$2100 per month pays all including principal, interest, taxes and insurance!

CLASSIC QUALITY HOMES

Call toll free

1-800-276-4000

Visit our all-new website:

www.classicqualityhomes.com

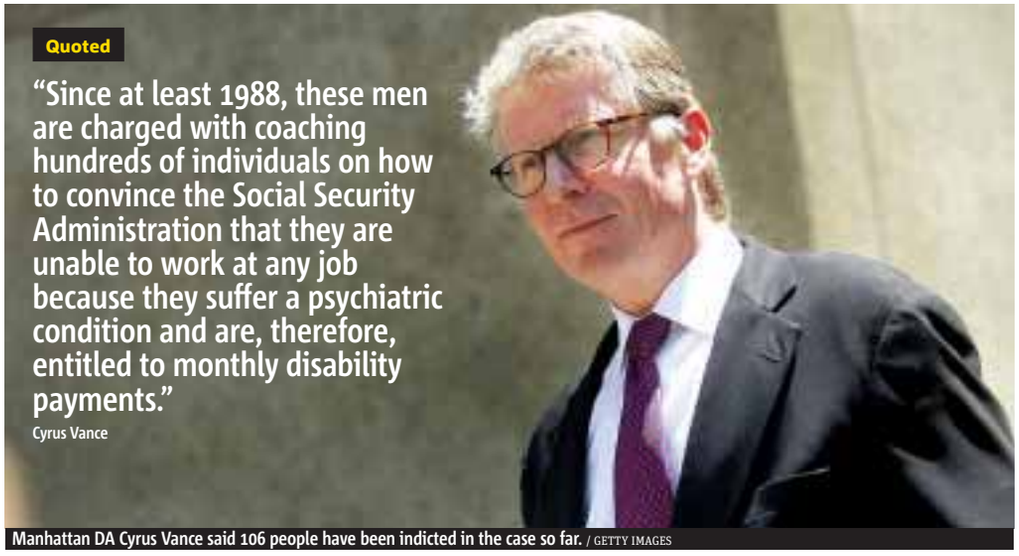
* Monthly payments based on FHA 30 yr. fixed interest rate of 4.3% with 4.8% APR with a finance cap of $271,000. Lower rates may apply to qualified buyers. All numbers are estimated. Conventional mtgs. also available. ** ***Gift offers limited to first 10 sales in January.***

MANHATTAN DENTAL SPA
AWARDED *ELITE* PROVIDER
OF INVISALIGN SINCE 2005

INVISALIGN EXPRESS $2500
Offer Expires 01/15/14
OR
FREE ZOOM WHITENING
when you come in for a cleaning, xray & exam
NYC's #1 Dental Canter
200 Madison Ave, Suite 2201
212-683-2530
As Seen On ABC & NBC NEWS
BOTOX BY PLASTIC SURGEON
DR. LLOYD LANDSMAN

$149 for 20 units of Botox!
Offer Expires 01/15/14
For All Your Beauty Needs
200 Madison Ave, Suite 2201
NY, NY 10016
212-683-2530
We Can't Wait To See
The NEW You!

Massive disability scheme uncovered


Quoted
"Since at least 1988, these men are charged with coaching hundreds of individuals on how to convince the Social Security Administration that they are unable to work at any job because they suffer a psychiatric condition and are, therefore, entitled to monthly disability payments."
Cyrus Vance
Manhattan DA Cyrus Vance said 106 people have been indicted in the case so far. / GETTY IMAGES

NY's finest. Retired NYPD and FDNY officers indicted for bilking taxpayers out of hundreds of millions of dollars in benefits.

Eighty retired New York police officers and firefighters were charged on Tuesday in a disability scam in which dozens of suspects falsely claimed to have been traumatized by the Sept. 11 attacks to receive benefits they did not earn, authorities said.

In all, 106 suspects were charged in the scheme, according to Manhattan District Attorney Cyrus Vance, whose office led the two-year probe.

"The total amount stolen from taxpayers could reach $400 million," said Vance.

Prosecutors said many of the suspects claimed U.S. Social Security Disability Insurance benefits of $30,000 to $50,000 a year for psychiatric ailments like post-traumatic stress disorder, anxiety and depression.

NYPD Commissioner Bill Bratton said he could "only express disgust" at the actions of the suspects.

"The idea that many of them chose the events of 9/11 to claim as the basis for their disability brings further dishonor to themselves," he said.

REUTERS

Behind the fraud

A quartet of masterminds

Officials said four men masterminded the wide-ranging scheme, directing hundreds of applicants to the SSDI benefits program and teaching them how to feign symptoms of mental and psychiatric damage in order to obtain benefits to which they were not entitled.

The four men charged with organizing the scheme include a retired NYPD officer, an NYPD detectives union official, a pension consultant and an attorney, officials said.

The 106 defendants in the case are facing charges ranging from varying degrees of grand larceny to attempted grand larceny, and could serve jail sentences if convicted.

Bloomberg donates to Senate Dems

Former NYC Mayor Michael Bloomberg has donated $2.5 million to a political action committee that aims to help U.S. Senate Democrats maintain their majority in this year's congressional elections, a Bloomberg aide said on Tuesday.

Bloomberg gave the money to Senate Majority PAC, according to Howard Wolfson, a former deputy mayor.

Senate Majority PAC is a so-called super PAC, which raised $3 million as of July 15, according to Federal Election Commission filings.

One of the world's richest men, Bloomberg was a longtime Democrat who became a Republican in 2001 to get on the ballot, and later dropped his party affiliation.

He helped found and finance gun control group Mayors Against Illegal Guns in 2006.

Bloomberg has said he plans to focus on his charitable foundation, Bloomberg Philanthropies, and remain active in public health, gun control and government innovation.

REUTERS

Show me the money

$2.5M

The amount that Bloomberg donated to Senate Democrats for the 2014 midterm election.

Bloomberg / GETTY IMAGES

Record freeze settles into eastern US, disrupts travel

Help. In NYC and D.C. homeless shelters and public buildings took in people who were freezing.

Passengers heading into downtown wait on an "L" platform for the train to arrive in below zero temperatures on Tuesday in Chicago. / GETTY IMAGES

A deadly blast of arctic air shattered decades-old temperature records as it enveloped the eastern United States on Tuesday, canceling thousands of flights, driving energy prices higher and overwhelming shelters for homeless people.

Authorities have put about half the United States under a wind chill warning or cold weather advisory, the icy conditions snarling air, road and rail travel. Temperatures were expected to be 25 degrees to 35 degrees Fahrenheit below normal from the Midwest to the Southeast, the National Weather Service said.

Major U.S. cities were in the grip of temperatures well below freezing, with Chicago seeing temperatures of minus 4 F, Detroit minus 5 F, and Pittsburgh 1 F.

Atlanta recorded its coldest weather on this date in 44 years, when the temperature dropped to 6 degrees Fahrenheit, while temperatures in northern Florida also briefly dropped below freezing.

REUTERS

Deaths

6

Six deaths have been reported across the country since a polar air mass swept over North America over the weekend.

Aid. Obama-backed jobless bill clears Republican roadblock

A White House-backed bill to renew jobless benefits for 1.3 million Americans narrowly cleared a U.S. Senate Republican procedural roadblock on Tuesday.

The Senate may vote later this week on whether to approve the bill and send it to the Republican-led House of Representatives, where it may die unless there is a deal to cover the cost without increasing the federal debt.

At the White House, President Barack Obama praised the Senate for moving forward and urged swift passage so he could sign the emergency legislation into law.

REUTERS

How they voted

60-37

On a largely party-line vote of 60-37 – 60 were needed to prevail – the Democratic-led Senate agreed to begin consideration of the measure, which would extend recently ended benefits for three months at a cost of $6 billion.

Ponzi scheme

JPMorgan to pay over $2 billion to settle Madoff case

JPMorgan Chase & Co. will pay more than $2 billion in penalties to settle charges by U.S. federal authorities that it failed to report suspicious activity involving Bernard Madoff's Ponzi scheme.

The $2 billion sum includes the largest forfeiture a bank has ever had to pay to resolve anti-money laundering violations.

REUTERS

SEX FOR LIFE®
Erectile Dysfunction
Personalized treatments that are 98% effective.*
Works for men of all ages and medical conditions.
Premature Ejaculation
Gain Control and Last Longer!
Testosterone Therapy
Enhance your libido, lose fat, gain muscle, improve your mood and energy.
Guaranteed Results
If we can't help, you pay nothing!
CALL TODAY for your confidential appointment!
BOSTON MEDICAL GROUP
The Men's Clinic | Since 1998
*Results May Vary.
877-669-8262 BostonMedicalGroup.com 22 Locations

CHEMISTRY
ISN'T ALWAYS ENOUGH
The truth is, medications like Viagra®, Cialis®, and Levitra® don't work for all men in treating erectile dysfunction (ED). [1,2,3] If you aren't getting the results you seek, maybe it's time to discover a satisfying treatment that may help put the sizzle back into your sex life![4]
Attend a FREE Men's Health Seminar:
Topic: **Erectile Dysfunction**
Presented by: **J. Francois Eid, M.D.**
Date: **Thursday, January 9th**
Place: **435 East 63rd St., NY, NY 10065**
Between York and First Ave.
Times: **Registration: 5:45 pm | Seminar: 6:00 pm**
Partners and guest welcome.
Space is limited, call to register today.
212-535-6690
www.urologicalcare.com
1. Viagra® Prescribing Information, Pfizer Inc. Revised January 2010.
2. Cialis® Prescribing Information, Lilly USA, LLC. Revised October 2011.
3. Levitra® Prescribing Information, Bayer HealthCare Pharmaceuticals. Revised November 2011.
4. AMS 700® Patient Manual. Information and Instructions for Patients Considering an Inflatable Penile Prostheses. American Medical Systems. 2012.
VIAGRA® is a registered trademark of Pfizer Inc. CIALIS® is a registered trademark of Eli Lilly and Company Corporation. LEVITRA® is a registered trademark of Bayer Pharmaceuticals, Inc.
AMS™ an endo health solution
Rx Only
© 2013 American Medical Systems, Inc. All Rights Reserved. Minnetonka, MN 55343
AMSUS/MH-00633(1)/May 2013
www.AmericanMedicalSystems.com
1-800-328-3881
U.S. Use Only

The Worm. Dennis Rodman freaks out on CNN's Chris Cuomo

Dennis Rodman flipped out on CNN's Chris Cuomo Tuesday during an interview on "New Day."

Rodman spoke from the North Korean capital of Pyongyang and got riled up when Cuomo asked him about Kenneth Bae, an American citizen who has been held captive in North Korea for more than a year.

Cuomo asked Rodman if he planned to ask North Korean politicians about Bae, prompting an angry, incoherent tirade from the former basketball star.

"Are you going to take an opportunity, if you get it, to speak up for the family of Kenneth Bae and say, 'Let us know why this man is being held?'" Cuomo asked. "If you can help them, will you take the opportunity?"

Rodman shakily shouted, "The one thing about politics, Kenneth Bae did one thing. If you understand — if you understand what Kenneth Bae did. Do you understand what he did? In this country?"

Cuomo then asked Rodman what Bae did, and Rodman turned it back on the CNN anchor.

"You tell me," Rodman shouted. "You tell me. Why is he held captive?"

"They haven't released any charges," Cuomo said. "They haven't released any reason."

It seemed as though Rodman believed Bae was guilty, and said that he would "love to speak on this." But instead, Rodman said, "You got 10 guys here that have left their families to help this country in the sports venture." METRO

Rodman / GETTY IMAGES

Sandusky testifies to get pension restored

Sex abuse. His $4,900 monthly pension was revoked when he was sentenced to 30-60 years in prison.

Convicted child sex abuser Jerry Sandusky maintained his posture of innocence at a hearing on Tuesday to win back his revoked pension, testifying that he was accused of "alleged crimes" by "alleged victims."

The former Penn State assistant football coach spoke via remote video link from a southwestern Pennsylvania prison during a hearing in his effort to have his pension restored, despite his 45 child sex abuse convictions.

Wearing a bulky orange jumpsuit, his hands shackled to a belt at his waist, Sandusky, 69, was the first witness to testify at the hearing before the State Employees' Retirement System in Harrisburg.

Sandusky / GETTY IMAGES

Abuse

10

Sandusky has rarely spoken publicly since he was convicted of sexually abusing 10 boys over a period of 15 years.

The bulk of Sandusky's testimony revolved around his 30-year career at Penn State, which began in 1969, and the disgraced coach did not specifically address the pension issue. REUTERS

Consumer Fraud

Fan sues NFL over Super Bowl ticket cost

A New Jersey businessman has filed a lawsuit against the National Football League, claiming that it is withholding Super Bowl tickets from the public and allowing high resale prices out of the reach of many fans.

Josh Finkelman, who said he spent $4,000 on two tickets to the Feb. 2 championship game, filed suit in federal court on Monday, accusing the NFL of violating the state Consumer Fraud Act, which the lawsuit says prohibits companies issuing tickets to withhold more than 5 percent of available seating to the public. REUTERS

Announcing the Opening of our New Office,
Advanced Dermatology Associates of Fordham
Medical, Cosmetic & Surgical Dermatology

All Skin Disorders • All Nail Disorders • All Hair Disorders • All Skin Growths

- Acne
- Cysts
- Warts
- Vitiligo
- Herpes
- Rashes
- Eczema
- Psoriasis
- Hair Loss
- Seborrhea
- Aging Skin
- Birthmarks
- VD & STDs
- Skin Cancer
- Skin Growths
- Genital Warts
- Skin Allergies
- Nail Disorders
- Mole Removal
- Chemical Peels
- Leg Vein Removal
- Broken Blood Vessels
- Red Spots
- Torn & Split Earlobe Repair
- Custom Skin Care
- Scar Correction
- Scalp Conditions
- Fungal Conditions
- Wrinkle Treatment
- Tumors & Growths
- White & Dark Spots
- Complexion Problems
- Laser Treatments
- Restylane
- Hair Removal
- Botox/Collagen
- Skin Rejuvenation
- Cosmetic Skin Surgery
- Laser Peels

All Insurance Plans, Unions, HMOs, PPOs
Medicare & Medicaid Accepted • Day, Evening & Weekend Appointments Available
Board Certified/University Affiliated

advanced DERMATOLOGY associates FORDHAM

Bronx: Parkchester • 1455 West Avenue • *Next Post Office & Macy's* • 718-239-1500
Bronx: Co-op City • 2100 Bartow Ave, Ste 211 • *Bay Plaza Shopping Center* • 718-671-1000
Bronx: Third Avenue • 291 East 149th Street. • *Bet. Cortland & Morris* • 718-742-1000
2432 Grand Concourse, Suite 501 • Bronx, NY 10458 • 718-537-5000
www.adv-derm.com
1.800.545.SKIN (7546)

"I used to SNORE."

"At first I thought my snoring was something I just had to live with. When I realized it was starting to affect my career, my relationships and my health, I went to **eOs Sleep**. They diagnosed the cause of my snoring and said I was a candidate for a quick 20-minute procedure. If I knew that it was so easy I would have done it a long time ago."

- an eOs patient, 6/22/12

eOs sleep
For the treatment of snoring & sleep apnea.
eOsSleep.com/NYC
Most Insurance Plans Accepted.

New York City • Long Island
1 800 eOs sleep (1 800 367 7533)

Gone bananas

Berlin supermarkets get some unexpected shipments

Boxes filled with bananas and cocaine were delivered to five Berlin supermarkets in what police on Tuesday called a "logistical error" by drug smugglers. Supermarket staff discovered the containers with a total of 140 kg of cocaine on Monday shortly before the fruit went on sale to the public, police and customs investigators said. **REUTERS**

Look elsewhere for your daily potassium needs.
GETTY IMAGES

China suspends ban on game consoles

China has temporarily lifted a 14-year-old ban on selling video game consoles, paving the way for Sony, Microsoft and Nintendo to enter the world's third largest video game market in terms of revenue. China saw video game revenues grow by more than a third in 2012 to nearly $14 billion last year, but console makers are likely to face an uphill battle for market share in a country where a whole generation has grown up without a PlayStation, Xbox or Wii, and where free PC and mobile games dominate. **REUTERS** / GETTY IMAGES

Chemical weapons. Syria ships out first batch of materials

Syria has started moving chemical weapons materials out of the country in a crucial phase of an internationally backed disarmament program that has been delayed by war and technical problems.

The Organization for the Prohibition of Chemical Weapons said on Tuesday that "priority chemical materials" were transported to the port of Latakia and onto a Danish vessel, which was sailing toward international waters. Syria agreed to abandon its chemical weapons by June under a deal proposed by Russia and agreed to by the United States after an Aug. 21 sarin gas attack that Western nations blamed on President Bashar al-Assad's forces. Damascus blames rebels for the attack.

War, bad weather, bureaucracy and technical issues meant a Dec. 31 deadline for the removal of the most deadly toxins from Syria was missed.

The OPCW did not disclose what percentage of Syria's toxic arsenal — which totals 1,300 tons in all — had been removed, but said nine containers of the most dangerous chemical materials were on the Danish cargo vessel. **REUTERS**

Sticking to deal

Washington welcomed the removal of chemical materials and said Syria's government appeared to be sticking to the deal.

- "Much more needs to be done," State Department spokeswoman Jen Psaki said at a news briefing, adding: "We have no reason to believe that the regime has gone back on any aspect of their promise."

NURSING HOME ABUSE MUST BE STOPPED!

CHECK YOUR LOVED ONES CAREFULLY!
IT CAN TAKE LESS THAN 2 WEEKS FOR LIFE-THREATENING INJURIES TO OCCUR

THEY MAY SUFFER FROM:
• BED SORES
• BRUISES
• DEHYDRATION
• INFECTION
1-800-ELDERLY

BY LAW, NEW YORK & NEW JERSEY NURSING HOMES MUST PREVENT BED SORES*

NURSING HOME NEGLECT OR ACCIDENTS

THE LAW OFFICES OF
DENNIS J. KELLY
ATTORNEYS AT LAW
WWW.DJKELLYLAW.COM

CALL US FOR A FREE CONSULTATION CALL
1-800-ELDERLY
AVAILABLE 24 HOURS 7 DAYS A WEEK

New York
5 Penn Plaza, 23rd Floor
New York, NY 10001

Long Island
137 Glen Head Road
Glen Head, NY 11545

New York City's Premiere
Medi-Spa and Wellness Center

manhattan total health

SPORTS MEDICINE • PHYSICAL THERAPY • CHIROPRACTIC
ACUPUNCTURE • MASSAGE THERAPY

Grand Central:
144 E. 44th St., 6th Fl.
New York, NY 10017
(212) 905-0090

Midtown:
22 E. 49th St., 5th Fl.
New York, NY 10017
(212) 832-9127

West Side:
57 W. 57th St., Ste. 1012
New York, NY 10019
(212) 906-0140

Wall Street:
39 Broadway, Ste. 610
New York, NY 10006
(212) 514-5868

www.manhattantotalhealth.com

2 CULTURE

Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Niall Horan is feeling chatty, Samantha Ronson is not used to mornings, and Dana Delany is feeling unloved.

@NiallOfficial: Hello everyone. How ya doin?

@samantharonson: Tried to be a human being and went to sleep before midnight, now I'm wide awake. Is this what you guys do? Now what?

@DanaDelany: I lost 150 followers with Twitter update. Weird. Anyone else?

Nothing to see here, folks!

Lutz on those juicy Miley rumors

Ever since being spotted together at Beacher's Madhouse MGM around New Year's, "The Legend of Hercules" star Kellan Lutz has been linked with the world's most famous twerk monster, Miley Cyrus. But is there any truth to that rumor? We spoke to Lutz, who set the record straight.

"I adore the girl, and people assume stuff just because you're photographed at a party with multitudes of celebrities and public figures," he says. "She's been a close friend of mine for years and we're friends. It's always great to hang out, especially with her being so busy and me being so busy, but the gossip and all these rumors that insiders say, they're funny because I don't look at these tabloids. … I'm like, 'Where do people come up with this?' It's like, people can just say 'insiders said' and then they can cover their butts that way. But no, she's an awesome girl and a really good friend."

MEREDITH ENGEL

ALL PHOTOS GETTY IMAGES

Girls, girls, girls — and even more girls

Jemima Kirke, Lena Dunham, Allison Williams and Zosia Mamet celebrated the "Girls" season 3 premiere at Lincoln Center on Monday in New York City. Other hot "girls" — including Kim Gordon, Anna Wintour and "The Daily Show" correspondent Jessica Williams — were also in attendance.

THE WORD

Dorothy Robinson takes on the world of gossip.

DOROTHY ROBINSON
@dorothyatmetro
dorothy.robinson@metro.us

Talking points

Emma Roberts is engaged (uh-oh)

Evan Peters reportedly proposed to his "American Horror Story" co-star and girlfriend, Emma Roberts, over the holidays in New York, according to People magazine. Roberts, who has been dating Peters since 2012, was arrested on domestic violence charges last year after an incident that left Peters bloodied, though she was released a few hours later.

People still talking about Simpson's mom jeans

Sure, celebrities have wealth, good looks, prestige and never have to stand in line for a new iPhone. But sometimes being famous isn't all it's cracked up to be, because maybe one day you will do something innocuous like wear an ill-suited pair of jeans for a few hours. And then, like a kind of denim herpes, those jeans will haunt you for the rest of your life.

Case in point: Jessica Simpson, who donned this pair of jeans at a concert in 2009. 2009! Yet we as a society are still talking about it. Not only are we still talking about it, but an entire episode of "Oprah" revolved around these jeans in 2010. Jeans that don't even look that terrible.

The jeans heard 'round the world.

And poor Simpson was asked about them yet again in this month's cover story for Redbook. "What's so unbelievable is that I was probably at least 15 pounds smaller than I am right now," she said. "What's more unbelievable is that the press could create something like that out of a pair of jeans. … What woman wants to be brought down for wearing a pair of jeans?"

Is there something about these jeans that I don't know? Are they culpable in the genocide of an entire race of people? Did they beat someone and then leave them to die in an alley? Did they invent reality television?

READY TO COMPLETE YOUR DEGREE?

Transfer credits you already have and finish your associate's degree with Mildred Elley.

We offer:
Business Management • Massage Therapy
Medical Assisting • Paralegal Studies

CALL TODAY!
(866) 899-9471 | mildred-elley.edu

*Transfer credit to be approved by Mildred Elley
For program details and disclosures visit mildred-elley.edu/disclosures

MILDRED ELLEY
A career college in NYC
The Power to Change Your Life
Accredited Member, ACICS
GI Bill Approved

Clin301-B

Is your life a black hole filled with Depression?

Not Seeing Results from your Antidepressant?

Our office is conducting a research study to evaluate whether adding an investigational medication to ongoing antidepressant treatment with an SSRI or SNRI will help relieve the symptoms of Depression. If you are 18-70 years of age, you may be eligible. As part of the program, you may be eligible to receive evaluation of your depression with our Board Certified physician, study medication or placebo, and visits to our private clinic, all at no cost. Please call for more information.

(212) 595-5012
The Medical Research Network, LLC
134 East 93rd Street; New York, NY 10128 • www.MedicalResearchNetwork.com

Meryl's mean streak

Interview. Meryl Streep said playing a nasty mom in "August: Osage County" wasn't always fun.

Meryl Streep says her role in "August: Osage County" was one she put off because of character's emotional baggage. / WIREIMAGE

"August: Osage County" is an ensemble film, with big-name actors crowded into every inch of the screen. But most of the attention has drifted, inevitably, toward its matriarch, not the least because she's played by Meryl Streep.

As Violet Weston, whose dysfunctional family packs into her remote Oklahoma home in the wake of her husband's suicide, she's a pill-popping monster, short-tempered and prone to speak her mind, which is usually crammed with wicked thoughts she mistakes for tough truths. This may sound more fun than it was.

"As an actor, you're supposed to want to go to the house of pain over and over again, but it's not something that's fun," Streep explains.

While the entire cast — which includes Julia Roberts, Juliette Lewis and Julianne Nicholson, who play her daughters — got along swimmingly, she still felt her character's pain. "It wasn't the most joyous experience from my point of view," she says.

Adding to the tension was shooting while Hurricane Sandy raged and the presidential election occurred in the outside world. "It was important to make a connection beyond the set. Also I was smoking nonstop, which really makes you feel sh—y."

She says one of the more upsetting scenes was the first one in the film, with her husband, played by Sam Shepard, before he kills himself.

"You still think that maybe there's a spark of love from this person who's gone through everything with you. And to look in his eyes and realize he'd rather be dead than look at you — that was brutal."

This said, it's still a comedy. "The humor's borne out of pain, but you still want your laughs. Every actor came to the first reading with a copy of the original play, with their lines highlighted that had been cut." They even begged Tracy Letts, who adapted the play himself for the screen, to reinstitute key laugh lines.

You'll get it

Just like home

While the film, like the play, is more outsized in its grotesquery than most family get-togethers, it's still supposed to be, Streep assures, relatable. "It's like when you come together with your friends after Thanksgiving and you say, 'I have to tell you what my mother said!' And you tell a story that was not funny when you were there, but in the telling it's fabulous. That's how you transform your life. Because if you can't laugh about this stuff..."

MATT PRIGGE
matt.prigge@metro.us

LIBI.edu

IT'S YOUR TURN
ASSOCIATE'S DEGREE ➘ EXCITING CAREER ➘ GO EVEN FURTHER
Our degrees are transferable so why limit yourself? Ask about our college partnerships.

Lifetime Job Placement Assistance | International Students Welcome! | GED+DEGREE Available

Earn an Associate's Degree in:
- Homeland Security & Security Management
- Emergency Care Management
- Hospitality Management
- Business Management
- Office Technology/Medical Office
- Accounting

Certificates: (8 months)
- Digital Marketing
- Elder Care Management
- Merchandising and Management
- Health Administration and Technology
- Community Interpreter
- Hospitality Management

STATE AND FEDERAL FINANCIAL AID AVAILABLE TO THOSE WHO QUALIFY

Long Island Business Institute | Creating Success Stories Since 1968

136-18 39th Avenue, 5th Floor, Flushing NY 11354 | libi.edu 718.939.5100
For consumer disclosure, please visit www.libi.edu & click Consumer Information link.

PODIATRIST

The Most Advanced Techniques Used for Bunions and Hammertoes

A new approach for treating Tendon Injuries for the Achilles, Tendonitis and Plantar Fasiitis (Heel and Arch Pain)

New Treatment For Heel Pain, Shockwave, PRP as seen on the front page *of The New York Times* | Platelet Rich Plasma Therapy (PRP)

Take the Foot Health Checkup
- My toenails are streaked, discolored, thickened.
- The side of my toenails dig into the skin and hurt.
- I have a large bump behind my big toe (or little toe) which is always red.
- I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight - they are crooked, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thicker no matter what shoe size I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and scaly - sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
- I have numbness, burning, infection, persistent pain, skin rash, or open sores.

Feet Hurt? Bunions? Hammertoes? Heel Pain?

Now Featuring genesisplus | CUTERA Helps Eradicate Fungal Nails

If any of these apply to you, call today.

Dr. Paul Drucker, DPM
Dr. Martin McGrath, DPM
184 East 70th Street, B1
Between Lex and 3rd Ave
212-772-3500

Dr. Paul Drucker, DPM
Dr. Martin McGrath, DPM
121 E. 60th St. Suite 3D
(Between Lex & Park) New York, NY
(212) 486-7333

Dr. Paul Drucker, DPM
162-15 Highland Ave
Jamaica, NY 11432
(718) 658-9383

Dr. Ernest Levi, DPM
Midtown - Grand Central • 30 E. 40th St., Suite 401
212-685-5100

Patient is responsible for co-pays & deductible • Most insurance plans accepted • Complete family foot care • Laser surgery available

What's New: Update from the Annual San Antonio Breast Cancer Symposium

Presented by NYU Cancer Institute, an NCI–designated Cancer Center

The 36th Annual San Antonio Breast Cancer Symposium brought scientists and clinicians together to present state-of-the-art information on breast cancer. Join us for a discussion of the latest findings presented at this premier symposium, including breast cancer prevention strategies, research, diagnosis and treatment.

Presenter:
Freya Schnabel, MD
Professor
Department of Surgery

Wednesday, January 22nd
6:00 pm – 7:30 pm
NYU Langone Medical Center
Smilow 1st Floor Seminar Room
550 First Avenue at 31st Street
NY, NY 10016

RSVP IS REQUIRED
Please call 212.263.2266 or reserve online at www.nyuci.org/rsvp

NYU Langone MEDICAL CENTER

www.nyuci.org • NYUCIcommunityprograms@nyumc.org

Stop Suffering From Leg Pain!
Stop Suffering from Varicose Veins and Spider Veins with one simple in-office procedure!
BEFORE
AFTER
Now covered by most insurance plans - 100%
Call now to schedule a consultation.
nuVISION
Dr. John Anastasi
20 East 46th Street, Suite 501, New York, NY
212-889-1171
mynuvision.com

Love to sing? Join us!
Peace of Heart Choir
OPEN AUDITIONS
January 8, 9 & 11
Email peaceofheartchoir@gmail.com, call 347-829-7642, or visit peaceofheartchoir.org

Parody paradise

Laughs. 'Macbeth' put you to sleep? Check out one of these funny productions.

The plot thickens when Ricky Martin meets the Golden Girls in "Thank You for Being a Friend." / MAX RUBY

'Cuff Me: The Fifty Shades of Grey Unauthorized Musical Parody'

Wednesdays, Thursdays, Saturdays and Sundays
Actors Temple Theatre
339 W. 47th St.
$39.50-$69.50,
212-239-6200
www.telecharge.com
Christian Grey doing a song and dance? Expect it in this off-Broadway romp, which features a small cast of four reenacting the story of Grey and his sex pawn, Anastasia Steele. In between plot points, the characters take pop songs (think "Like a Virgin" and "Call Me Maybe") and give them "Fifty Shades"-themed lyrics. Ironically, this feisty farce is staged in a converted temple.

'Showgirls! The Musical!'

Wednesdays
Theatre 80
80 St. Mark's Place
$25, 212-388-0388
www.showgirlsthemusical.com
This twisted take on the Elizabeth Berkley cult catastrophe comes from the writers and directors of "Bayside! The Musical!" April Kidwell (from "Bayside") stars as Nomi, a drifter whose journey to stardom is laced with catfights and crazy sex.

'Disaster!'

Mondays, Tuesdays, Thursdays and Fridays
St. Luke's Theater
308. W. 46th St.
$49.50-$79.50,
212-239-6200
www.disastermusical.com
Tina Fey and Amy Poehler love this send-up of 1970s disaster flicks, and if they like it chances are you will, too. Platform shoes, feathered hair and disco favorites entwine in a story about the opening of a hot new club on a sizzling summer night.

'Thank You for Being a Friend'

2014 NEW YEAR BETTER YOU!
This year resolve to do something nice for yourself.
SERVICES
• Liposuction • Rhinoplasty
• Torn Earlobe Surgery • Face Lift
• Eyelid Lift • Breast Implants
• Scar Revision • Breast Lift/Reduction
• Buttock Augmentation
• Botox & Collagen Injections
• Lip Enhancement • Tummy Tuck
• Laser Hair Removal & more ...
LEXINGTON PLASTIC SURGEONS
Visit Lexington Plastic Surgeons For a FREE CONSULTATION to Rewind the effects of time
1-888-571-9178
www.LexingtonPlasticSurgeons.com
Eyelid Lift
Tummy Tuck /Abdominoplasty
Liposuction
Nose Surgery
Brazilian Butt Lift
Liposuction

"Ultimate Shoe Sale" ~ Fox News 2013
16TH ANNUAL NY CITY
SHOE-INN WAREHOUSE SALE
BONUS BLIZZARD DAY!
ALL SHOES: $20 & $50!
ALL BOOTS: $50 & $100!
NOTHING HIGHER!
WED JAN 8 ONLY
HOURS: 9 - 7
GOTHAM HALL
1356 BROADWAY
(36TH & BROADWAY)
EAST HAMPTON • ENGLEWOOD • LIVINGSTON • LONG BRANCH
PALM BEACH • RYE BROOK • WESTPORT
RIDGEWOOD • WESTHAMPTON BEACH

Wednesdays
Laurie Beechman Theatre
407 W. 42nd St.
$20 plus a $15 food/drink minimum; 212-352-3101
www.spincyclenyc.com
Raunchy retirees Dorthea, Roz, Sophie and Blanchette find themselves with a new neighbor.

MEREDITH ENGEL
meredith.engel@metro.us

'I'm so excited!'

April Kidwell is perfect as Jessie. / CURTIS PEEL

'Bayside! The Musical!'

Thursdays-Saturdays
Theatre 80
80 St. Mark's Place
$25, 212-388-0388
www.baysidethemusical.com
Zack and co. step out of your TV and onto the stage in this "Saved by the Bell" parody that's much more vulgar than the series. Featuring the ghost of Miss Bliss, jabs about Dustin Diamond's sex tape and even a dude dressed as Tori, the cast turns the show's PG fun on its head.

TV watch list

REALITY

'Real World: Ex-Plosion'

How are there still people out there willing to be on "The Real World?" There might not be after this 29th season, in which the seven strangers are blindsided by a special twist — their exes are moving in, too! Bring on the drunken hot tub brawls! **SEASON PREMIERE, 10 P.M., MTV**

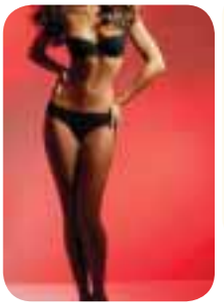
AWARD SHOW

'The 40th Annual People's Choice Awards'

Viva the voice of the people! "2 Broke Girls" stars Kat Dennings and Beth Behrs host the 40th annual awards show for fan favorites in TV, music and movies. **9 P.M., CBS**
ALEXANDRA CAVALLO

Looks like "The Real World" just got, uh, real-er. / MTV

NEW YEAR! NEW YOU! 50% Off at spa Jolie SLIMMING & LASER CENTER



LASER - 50% OFF
Full Body Laser Hair Removal: was $699/now $399.50
Full Legs, Back, Chest, Full Face or Full Arms: was $199/now $99.50
Fractional Laser (reduce acne scarring. large pores, fine lines): was $199/now $99.50
Acne Laser (clears up adult acne) 8 treatments: was $800/now $400

SPA SERVICES
Deep Pore Facial includes extractions: was $55/now $27.50
One Hour Massage: was $65/now $32.50
Microdermabrasion (reduce pigments): was $75/now $37.50
Spa Manicure with Spa Pedicure: (includes full pedicure and manicure, hand and foot massage with parafin treatments): was $39/now $19.50

WAXING 50% OFF
Back Wax: was $25/now $12.50
Chest & Stomach Wax: was $35/now $17.50
Brazilian Wax: was $35/now $17.50
Full Body Wax: was $99/now $49.50
All offers expire 1/31/14

SLIMMING TREATMENTS
Zerona Full Body Inch Loss System (lose 3-9 inches guaranteed - zero pain and zero downtime): 6 for $399
Cavi Lipo (eliminates fat cells permanently and painlessly): 6 for $399 per treatment/per area Can be done on love handles, stomach, legs, breast area and more.
Slimming Body Wrap with mini facial (reduces toxins and water retention): was $90/now $45
Anti Aging clear and brilliant...reg $399 now $199.50
Gentle Wave..reduce eye bags $25
Miracle Lift..reduce wrinkles temporarily immediate results $35

180 7TH AVE. SOUTH, NY, NY 10014
212-229-1389 • WWW.SPAJOLIENY.COM
Must have coupon present. Can purchase as many as you want. Does not expire after purchase. Cannot be combined with other offers.

Knee Arthritis Pain?
End Your Knee Pain Without Painful, Risky Surgery!
"Your #1 Choice for Non-Surgical Osteo-Arthritis Knee Pain Relief."

Why You Should Choose Us Today
- Precision is the difference. Experience it!
- No blind injections. We always hit the mark.
- X-ray guided procedure ensures accuracy

As Seen on NY1 1010 WINS

Free Phone Consultation

[2] Result may vary. Prior results cannot guarantee future outcomes.
To see a video of this incredible procedure visit:
www.KneesofNY.com
General 1 Medical P.C.

Most PPO insurances will cover this treatment*. We work with:
GHI NYSHIP UnitedHealthcare PPO Aetna PPO Empire Oxford Health PPO Medicare Part B
*Coinsurance and deductible apply.
Most Insurances Accepted Worker's Comp Accepted

1-800-77-Knees (56337)
130 William Street., Suite 903
Btw. Fulton & John St. - NYC 10038
Accessible by:
Call today to schedule your consultation!

PUT SOME CARE IN YOUR CAREER

WE OFFER PROGRAMS IN:
- PERSONAL TRAINING
- CLINICAL AND ADMINISTRATIVE MEDICAL ASSISTANT
- MASSAGE THERAPY
- SURGICAL TECHNOLOGIST
- NURSING
- MEDICAL BILLING AND CODING

- Convenient Manhattan campus (Chelsea)
- Flexible day and evening classes
- Experienced faculty and staff
- Financial aid (for those who qualify)

Come join us for an Open House
Tuesday, January 7th & Thursday, January 9th
10am - 8pm

Swedish Institute College of Health Sciences

Please visit our admissions office at:
151 West 26th Street
1-888-530-9582
www.swedishinstitute.edu

Swedish Institute's programs are registered with and regulated by the New York State Education Department. Accredited by ACCSC. For important information on program costs, completion and placement rates, median debt incurred, etc., please visit www.swedishinstitute.edu/index.php/programs and click on the program of your interest.

How to sell your home in 2014

Advice. Follow these words of wisdom from one of the 'Property Brothers.'

If 2014 is the year you plan to sell your home, we've got expert advice from hunky real estate pro Drew Scott, who with his contractor brother Jonathan hosts "Property Brothers" and "Buying and Selling" on HGTV.

Choose the right furniture

The right furniture meshes well with the design of the room, Scott says. So that Ikea couch you've held onto since college may not work in a more elegant space. No need to replace all your stuff though: "You can rent furniture pieces relatively inexpensively for a short term to make the place look better," he says.

Move things around

In addition to knowing what kind of furniture works best for a room, you also need to know where it works best. "When you walk into a room, obviously you want it to feel welcoming," Scott says. "So if you walk in and you're tripping over a couch right away, that's a good indication that's not a good place for a couch." Scott also applies this rule to decluttering: Too many knickknacks and pieces of art can make a room look smaller.

Paint a fresh coat

Lighter colors will make rooms appear larger, but you want to infuse imagination into your design choices. "Everyone hears the phrase, 'Do taupe, that's what buyers want,'" he says. "That is not want buyers want. It's boring and there's no imagination." Try a modern gray with pops of color in accent pillows and throws, he suggests. "You have to add some element of design for buyers to see the potential because buyers don't have an imagination — they need you to spell it out for them."

Change up your lighting

A fresh coat of paint and adequate lighting can transform a drab room. "Having a well-lit room actually does make it feel bigger, and that's very important," Scott says, "especially in basements or areas of the home that don't have a lot of natural light."

"WHEN YOU'RE [GETTING READY] TO SELL, YOU NEED TO MAKE IT FEEL FRESH, SO WE'RE NOT GONNA USE YOUR GRANDMA'S OLD COUCH," SAYS DREW SCOTT. HGTV

Bonus tip

Smart renovations

If you think that doing a major renovation to your kitchen or bathroom will help sell your home quicker, think again: The buyer is likely to see one remodeled room and others that aren't. Spread out your renovation money, Scott advises, tackling little repairs here and there. "Buyers focus on the negative — they don't focus on the positive," he says. "So as much as you spent all this money on the bathroom and kitchen, they're gonna see [the] old."

— Get more advice from Drew on Twitter @mrdrew scott.

MEREDITH ENGEL
meredith.engel@metro.us

Use these tips and you'll see that "Sold" sign a lot sooner. / PHOTODISC

Advice

Don't get personal

"The big thing that people don't take into consideration is that you need to look at your home without emotion and you need to look at it through the eyes of a buyer," Scott says. That means not only your family pictures, but also your angel collection (or other knickknacks) need to go. When you're staging a home, tchotchkes are not inviting to your guests, who are envisioning themselves living in the space.

PLUS

Cheapest

$290K

The least expensive listing to come on the market this week is a co-op at 320 E. 42nd St. Marketed by Charles Rutenberg, this studio has recently been renovated and is on the 15th floor.

StreetEasy.com is a New York-based real estate information portal that aggregates the most comprehensive set of sale and rental listings along with other useful info.

STREETEASY

PARKCHESTER
SPACIOUS LIVING • AFFORDABLE RENT

ELEGANT NEW KITCHENS • GRANITE COUNTERTOPS
NEW APPLIANCES • STAINLESS STEEL FINISHES
1 & 2 BR RENTAL APARTMENTS START AT $1125 PER MONTH*
MACY'S, STARBUCKS, APPLEBEE'S, SUPERMARKETS, blink FITNESS
and MUCH MORE ALL ON-SITE • 24 HR ROVING SECURITY
30 MIN TO MIDTOWN • NO BROKER FEE • EARLY & FUTURE OCCUPANCY
Open House: Tues & Thurs 5:00-7:45pm • Sat 10am-1:45pm
917-634-5295
or apply online at www.parkchesternyc.com
*Apts with traditional kitchens still available starting at $1010

7 Fashion moments to look forward to in 2014

When the first week of January rolls around, we can't help but get a little bit nostalgic. Another year gone, another year older, another year's hiatus from our five-year plan. Melancholic thinking aside, 2014 is actually going to be awesome — just check out all of the exciting fashion-related things ahead. Wallowing over. **ALICE TATE**

1

Peter Pilotto for **Target** hits stores in February: Cue cat-fights and hair-pulling action against a backdrop of geometric digital prints.

2

Nicolas Ghesquiere's first bow at **Louis Vuitton** is on the horizon. Expect it to be fashion's most Insta-grammed moment of the year.

3

Kate Moss for **Topshop** will return after a three-year hiatus. Painfully cool and vaguely vintage-flavoured dresses, anyone?

4

Say goodbye to **Chanel** as you know it. **Kristen Stewart**, with her notoriously self-conscious poses, will start her gig as the unlikely face of the fashion house.

5

Dear purple lovers, 2014 is your year. (Thank Pantone.) But remember, we're calling it **Radiant Orchid**, OK?

6

Somebody, get the Spanx. **David Koma** is taking his body-con love affair to **Mugler**.

7

Goodbye, **Lincoln Center**; hello, heels sans toilet paper. This year's NYFW promises to be cleaner, cooler and seriously VIP.

CES-a-go-go. What's trending at this year's electronics showcase

The annual Consumer Electronics Show is this week in Las Vegas. Here are some of the awesome new gadgets that will be on display.

Smartwatches aplenty: Forget the smartphone, 2014 is the year of the smartwatch. These wrist-worn gadgets offer most of the functionality of your phone but without the time-consuming hassle of having to reach into your pocket for a second! Look for new offerings from Sony, Pebble, Archos and Qualcomm.

4K televisions at 1K prices: The mythical beast known as the 4K HDTV has thus far been out of reach for the average consumer. That is set to change at this year's CES, with cheaper models announced from LG, Polaroid (really) and more. Also, Netflix and YouTube finally unveiled 4K-friendly versions of their services.

THIS YEAR'S ELECTRONICS SHOW BOASTS TABLETS WITHOUT AN APPLE LOGO. ACER

More tablets that don't feature an Apple logo: What would a consumer electronics show be without gobs of tablets? Sure, iPads may corner the market, but low-priced Android-based alternatives have plenty of merit. For instance, Acer announced a new iteration of its Iconia line that clocks in at a soothing $129, about the price of 65 slices of pizza. **LAWRENCE BONK**

Loose Dentures?

Missing Teeth Chew Better! Get Implants

Free Implant Consultation

www.newcenturysmile.com
(View Our Implant Video)

- Tighten Existing Dentures
- Replace Dentures with Fixed Teeth
- Regrow Bone
- Eliminate Gum Disease
- Over 25yrs Experience

All Dental Services Available
Most Insurances Accepted
FINANCING AVAILABLE

(212) 752-2212

New Century Smile
George Manthas, DDS
Howard B. Marshall, DDS
250 E. 58th St, NYC NY 10022

How Kellan Lutz got in Herculean shape

Fitness. The star of the upcoming "Legend of Hercules" film walks us through it.

Lutz beefed up for the film, which hits theaters Friday. SIMON VARSANO, SUMMIT ENTERTAINMENT

Getting into sword-fighting shape to play the titular character in "The Legend of Hercules" wasn't too difficult for the self-proclaimed "always active" Kellan Lutz.

"It's a lifestyle," says the star, who says he likes to make his workouts fun. "I live in Venice Beach, so it's either going for runs on the boardwalk or playing basketball or volleyball with friends."

But when what he calls "the movie of my dreams" rolled around, he had to get in fighting shape — and fast. "By the time I got the role I had nine days to get to Bulgaria and start shooting," he says. "So the idea of Hercules that I wanted to do I kinda threw out the window."

Lutz says he stuck to his regular routine while working on the role — moves like push-ups, squats, leg-lifts and lunges that "work out multiple muscles of the body." When possible, he worked out twice a day. And while there were dumbbells and some other equipment at the shoots, Lutz calls his TRX "my best friend on film sets because you just bring this band around and use your own body weight." He also did some specialty workouts that came in handy for this particular role, like riding on a motorized horse saddle and practicing his deftness with a sword.

But playing a Greek god known for his strength also meant that Lutz had to keep up his healthy lifestyle out of the gym. Lutz began following the Paleo diet for the role — embracing meat, seafood, vegetables, fruits, nuts and other unprocessed foods — and hasn't stopped.

"[It] gave me the energy that I needed, it gave me the tightness that I needed for the role, for it being in 3-D," he says with a laugh. Among his favorite Paleo-friendly foods: juices from Equinox gyms and a quinoa salad with salmon, avocado and pomegranate. "Deleting gluten out of your diet and deleting all the candy that I love, and doing high-protein and multiple meals throughout the day, and vegetables, I just felt great. I really just felt like I looked great too, in the kind of shape that I hadn't been in before."

MEREDITH ENGEL
meredith.engel@metro.us

See more at www.metro.us

Work it

Steal his gym move

Doing the same routine at the gym gets boring — Lutz knows that all too well. So he likes to play a game with himself that determines where his gym time will take him. He takes a deck of cards to the gym and leaves the decision up to them: If he guesses a card's color correctly, he has to do as many reps of push-ups or crunches as the number on the card. So for example, if he guesses red and a red Jack shows up, he does 11 pushups. If he guesses wrong and a black card shows up, he does double the reps on the card. "It's fun and it's always different," he says of the routine.

INVISALIGN DENTAL CENTER
IN THE CHRYSLER BUILDING
42ND AND LEXINGTON
Invisalign providers since 2005 with Elite status
invisalign
Elite PREFERRED PROVIDER 2012
Call us to schedule a complimentary consultation and find out how Invisalign can improve your smile
January Special
$3499
One Month Only!!
invisalign
www.kakosiandental.com
888-711-0267

2 LIFE BARIATRICS™
SOMETIMES IT TAKES MORE THAN A RESOLUTION...
WE CAN GIVE YOU THE HELP YOU NEED TO GET THE HEALTH YOU DESERVE.
FREE INFORMATIONAL SEMINAR -- LIMITED SEATING AVAILABLE
CALL 866-429-5961
WWW.2LIFEBARIATRICS.COM

3-DAY DETOX

Need to kick up the momentum in your New Year's diet plan? Give this delicious detox a shot. It's thoughtfully designed to blast away bloat, ramp up energy, melt away fat and give your current eating plan a cleansing boost. The meals are strategically loaded with antioxidants, protein, fiber, vitamins and minerals to keep you going strong and feeling satisfied.

Here's how it works:

1 Follow the same daily menu for three days.

2 Eat only what is listed on the menu — no added sugar, honey, sugar substitutes, salt, salad dressing or condiments.

3 Drink one cup of green tea 15-30 minutes before breakfast, lunch and dinner. (Sipping green tea will help fill you up so you eat less at mealtime, and gives your metabolism a slight uptick — hey, every little bit counts!) Feel free to add optional fresh lemon, or a splash of skim, soy or unsweetened almond milk. But don't even think about adding any sugar.

4 Drink as much additional water as you want throughout the day, but no soda, fruit juice, alcohol or diet beverages allowed. (Sorry!)

For skinny tips and delicious recipes, visit JoyBauer.com and follow Joy on Twitter (@joybauer), Facebook (facebook.com/JoyLBauer) and Pinterest (pinterest.com/joybauerhealth

If you normally don't make this face when eating grapefruit, try sprinkling a little pumpkin spice on top. GOODSHOT

Joy's Healthy Bite

JOY BAUER

WWW.JOYBAUER.COM

Hear from the health and wellness expert for the "Today" show and New York Times best-selling author.

Breakfast

Slimmin' smoothie

In a blender, combine ¾ cup skim milk (unsweetened soy or almond milk works, too), half a ripe banana, 1 cup frozen berries, ½ scoop vanilla protein powder, 1 tablespoon chia seeds, ¼ teaspoon cinnamon and 3-5 ice cubes. Blend until smooth and frothy.

Lunch

Spinach salad

Start with 2+ cups of dark, leafy greens, then pile on colorful, antioxidant-rich produce. Best bets include peppers, tomatoes, carrots, red onions, broccoli, sliced beets, cucumbers, mushrooms, celery and cauliflower. Add ½ cup red kidney, pinto or black beans for a punch of fiber and slow-burn carbs.

Sprinkle on a tablespoon of chopped walnuts or pecans for some healthy fats. Dress with a teaspoon of olive oil and unlimited balsamic or red wine vinegar.

Snacks

Have a juicy grapefruit on the side. For a snack, have ½ cup of unshelled pistachios.

Dinner

Vegetable starter

Slice a cucumber (or rinse off two handfuls of cherry tomatoes) and drizzle with balsamic vinegar. Kicking off your meal with a hearty helping of fiber and water-packed vegetables takes the edge off your hunger so you'll be less likely to overeat the main course.

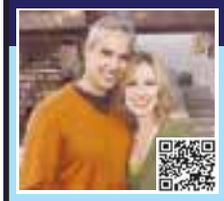
Fish entree

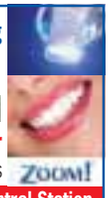
Whether you bake, grill, broil or poach, any of these fish provide protein that will both fill you up and keep you lean. Try cod, halibut, haddock or wild salmon, and season with fresh lemon and black pepper. As for the portion size? Eat until you're comfortably full.

Steamed broccoli side

Cut broccoli into florets and steam on the stovetop (or pop in the microwave with a splash of water for about two minutes). Go ahead and add fresh lemon, black pepper or any other preferred seasoning for a burst of flavor.

Professional Foot Care Specialist
State of the art non-surgical treatment for foot and heel pain
Minimal invasive procedures for corrections of bunions and hammertoes
Weekend and evening appointments available
Most insurance plans honored
Free consultation
Non-injection therapy for heel pain
1 2 3 A B C 4 5 6 N R
New Cutting Edge Laser for Toe Nail Fungus! ONLY $500
Expires 1/31/14
Redeem with ad
Offices of Dr. Jeffrey Rosenblatt, DPM • Dr. Larry Cohen, DPM
DRJEFFREYROSENBLATT.COM
225 Broadway, Suite 1420
New York, NY 10007
212-385-3800
(Financial District)
New Location
408 Jay St., Suite 500
Brooklyn, NY 11201
718-875-9251
(Metrotech)
Grand Central-Midtown
15 West 44 St., 8th FL
New York, NY 10036
212-391-1279
Long Island Location
543 Hempstead TRK
West Hempstead, NY 11552
516-292-0023
Convenient Lower Manhattan & Brooklyn Locations!

QUALITY DENTURES AND DENTAL IMPLANTS
THE SAME DAY

NEW YEAR'S SPECIAL Exp: 2/15/14
OVERDENTURES
with implants
$3,600* per lower
$4,500* per upper
Customary fee $7,600+ per arch
*Additional charges may occur for more complex cases. Ad must be presented for discount.
• Full Service Dental Office
• Repairs & Relines While-U-Wait
• Dental Implants • Crowns & Bridges
• Cosmetic Dentistry
• Senior Citizen Discounts
www.heraldsquaredental.com
Herald Square Dental
THE DENTURE CENTER
Smile with Confidence!
CALL NOW
212.689.0024
Leaders in Implant Dentistry! - Est. 1977
Free Consultation • Most Insurance Welcome
224 W 35th St.New York, NY 16th Fl., Btwn 7th & 8th Avenues

$1 ZOOM! Laser Teeth Whitening
(w/Check-up and Cleaning*)
*covered by your PPO Dental Plan
AS SEEN ON TV
DR. STEVE
Up to 12 Shades Whiter in just 1 hour
Call (212) 537-6923 - Open Weekends and Evenings
30 East 40th St. #105 • 1 block from Grand Central Station
Ph (212) 537-6923 • www.Zoomfor1.com (exp 1/31/14)

ZOOM!

Health notes

Cooler than reflector gear

We love Zackees Turn Signal Gloves, which light up when you're ready to make a turn (and are washable!) The nickel-plated steel on the thumb and index fingers mean all you have to do is touch them together to signal. Get them for $69 on founder Zach Vorhies' Kickstarter page.

Do good

Did you get a new iPhone over the holidays? You can donate your old one — or a used iPod or iPad — to the nonprofit Music & Memory, which uses the electronics to help people with Alzheimer's and dementia recall memories through music. Mail yours (or a donation) to:

Music & Memory Donations
160 First St., PO Box 590
Mineola, N.Y. 11501

No more wacky hand signals.
PROVIDED

Spinning news

1 DavidBartonGym this week opens the first NYC-based Cyc, a spin studio already big in Austin, Texas, and Madison, Wisconsin.

2 Flywheel wants you to go away (literally). Through Jan. 16, book one of the specially marked classes on FlywheelSports.com and get 20 percent off the base fare of a roundtrip domestic JetBlue flight.

3 Your next spin class could save the world. The Fitness Guru (215 Water St., Brooklyn, 718-858-4945) utilizes bikes that convert the energy you expel in class into electricity that powers its studio, meaning less reliance on ConEd. If there were 20 people in a class, three times a day, spinning for about 45 minutes, that could power a single-family home for six months.

30-second lifesaver

Try a little self-hypnosis

This week's tip comes from Colin Christopher, clinical hypnotherapist and author of the book "Success Through Manipulation: Subconscious Reactions That Will Make or Break You."

CHRISTOPHER
PROVIDED

Try this three-step technique to ease negative feelings in seconds. The more you do it, the more it becomes ingrained in your subconscious and becomes second nature.

1 Sit up or stand straight and lift your chin toward the ceiling. This gives you clarity of thought.

2 Inhale deeply from your stomach, hold for three seconds, and exhale slowly through your lips, dropping your shoulders as you breathe out.

3 Recite a memorized sentence that will shift your focus back to a positive state of mind, like "I am strong, confident and in control."

Do You Suffer from Varicose Veins?

Our innovative minimally invasive procedures eliminate varicose and spider veins, venous ulcers, leg swelling, pain, and fatigue.

ADVANCED VARICOSE VEIN
TREATMENTS OF MANHATTAN
Certified by the American Board of Phlebology
212.204.6501
Downtown Manhattan:
111 John St., Ste 1450
New York, NY 10038
(between Pearl St. & Cliff St.)
Fulton St. Station: 2, 3, 4, 5, A, C, J, Z
www.TreatmentsOfManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM
Covered by most health insurances including Medicare

LEGS
Get sexy in seconds.
FAST, NON-INVASIVE TREATMENTS FOR
• Varicose Veins
• Spider Veins
• Facial Veins
David M. Glass, MD, FACS
Board Certified Vascular Surgeon
25 Years of Experience
NEW YORK VEIN CENTER
BROOKLYN / MANHATTAN
1-888-920-2871
www.NewYorkVeinCenter.org

Horoscope

♑ Capricorn | Dec. 22-Jan 20. Don't let your emotions lead you astray. Do your share at home and contribute to projects that need to be finished.

♒ Aquarius | Jan. 21-Feb 18. Listen to advice being offered, but make choices based on what's best for you. Not everyone will understand.

♓ Pisces | Feb. 19-March 20. Consider ways to make your bank account grow. Investing in something that will help you expand your marketable interests can pay off.

♈ Aries | March 21-April 20. Don't wait until you are forced to make a change. Stay on top of every situation you face. Preparation will help you bypass trouble.

♉ Taurus | April 21-May 21. You've got insight, so don't let anything stand between you and your goal. A promise will add security to an important relationship.

♊ Gemini | May 22-June 20. Ask questions, do your research and focus on innovation when it comes to finding solutions. Keep life simple by being honest.

♋ Cancer | June 21-July 22. Your emotional commitments and your desire to get ahead financially will keep you busy today. Don't lose sight of what's important.

♌ Leo | July 23-Aug. 22. Your heart is in the right place, but not everyone will agree with your actions. It would be best to keep a low profile.

♍ Virgo | Aug. 23-Sept. 22. Sign up for something. Spending time with the younger or older people in your life will help you see your situation differently.

♎ Libra | Sept. 23-Oct. 22. You will face trouble at home due to stubborn or demanding people. Work on projects that can help alter areas of your life that you find difficult.

♏ Scorpio | Oct. 23-Nov. 21. Engage in functions that will bring you in contact with free-thinkers. Make lifestyle changes.

♐ Sagittarius | Nov. 22-Dec. 21. Prepare to make a change, but before you do, make sure you have everything in place.

BERNICE BEDE OSOL

Sudoku: Easy and hard

				1	6		2	
7	9		2					
						9		1
5	1				9		7	2
	7	2		3		6	5	
4	3		7				1	9
3		7						
					5		4	6
	4		1	7				

		2			5	1		6
	7		6	3				2
				7			3	
6		5	3				4	7
7	2				6	9		3
	8			9				
9				8	3		1	
4		1	2			3		

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

The great American way

Re: 'Those who obey the law have no fear' (Metro, Jan. 6) Letter writer John Francis Fox, who responded to the letter "Who needs enemies when you have the government?" is living in a fantasy world if he thinks that we have nothing to fear from the government if we "aren't doing anything wrong." Need I remind you of historical examples like the Japanese internment, or perhaps the contemporary fact that the United States has by far the largest prison population per capita in the world? How about the recent Supreme Court ruling that police are not meant to "protect and serve," as we'd always thought, but simply to enforce the law, whatever it may be? Of course, many low income citizens are already aware of that kind of policing. We owe the government no support for its brutal and vengeful actions post-9/11, even though we lost so many innocent American lives that day. The U.S. government has killed hundreds of thousands of Iraqi and Afghan civilians, including children, since we invaded the Middle East. But whatever it takes to keep us Americans safe, right, John?

ALEXANDRA BERNSON, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Online

You can use your smartphone to discover today's crossword answers — right now! Download and open the Blippar app on your smartphone and hold the screen over the puzzle — it's that easy!

Interactive Crossword

Crossword

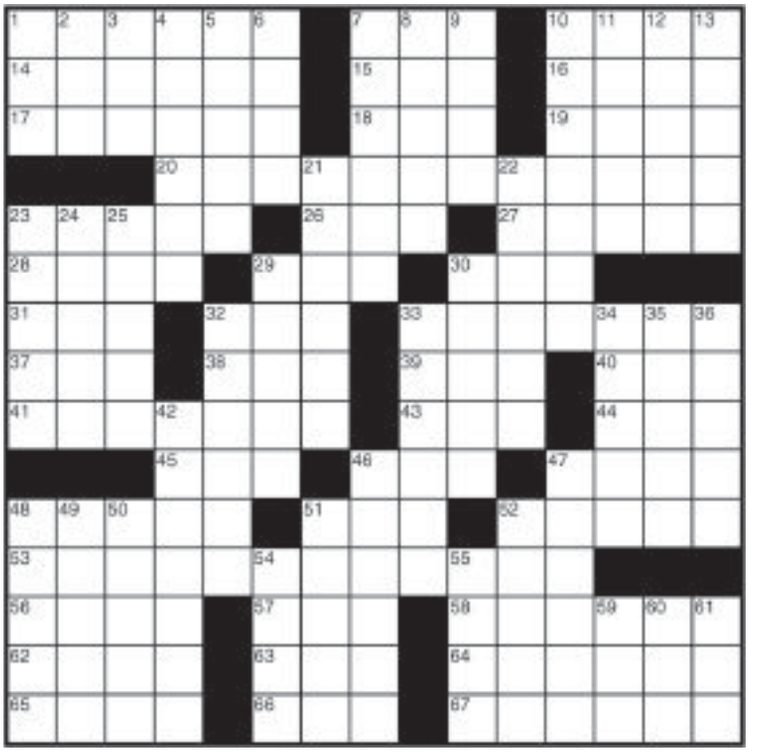
Across

1 Kind of shower
7 "Arabian Nights" bird
10 Mae West persona
14 Common antiseptic
15 Menu phrase (2 wds.)
16 Plaintive reed
17 Tigers and bears
18 Pinch off
19 Scope out
20 Unsuccessful endeavor
23 Wild shrub
26 Female rabbit
27 Singers Hall and —
28 Bok —
29 Molasses-based drink
30 Tractor-trailer
31 Dull routine
32 "Westworld" name
33 Madrid coins
37 Suffix for "press"
38 Is, to Fritz
39 Sporty truck
40— and yang
41 Long low hounds
43 Half a couple
44 Ski instructor
45 Wield, as oars
46 Profile
47 Transvaal trekker
48 Longed for
51 Ad— committee
52 Jackson or James
53 Comfort food (2 wds.)
56 Obey
57 Butter container
58 Aquatic mammals
62 Ocean-going bird
63 1860s initials
64 Boutiques
65 Train for boxing
66 "You, there!"
67 Despot

Down

1 Overalls front
2 Caviar, actually
3 Mont. neighbor
4 Perturb
5 Silly trick
6 What you pay at sales
7 Haphazard
8 Pimiento holder
9 Dracula's attire
10 120 or 240
11 Roughly
12 Mary Tyler —
13 Chinese dogs, slangily
21 Teen bane
22 Bang and zoom
23 Cancel
24 Mr. Spock's fellow officer
25 Dust particles
29 Out of practice
30 Nostalgic fashion
32 Investment returns
33 Volcanic glass
34 Misspellings
35 Buenos —
36 Sleeper's noise
42 Lead-footed driver
46 Mumbai
47 Odds-taker
48 Crowning points
49 Insect sound
50 Hair dye
51 Split-level
52 Pier
54 Draw with acid
55 Mislaid
59 Age
60 Stimpy's buddy
61 Former JFK arrival

Yesterday's answer



metro

As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • • **Metro New York** 120 Broadway, New York, NY 10271 • **main** 212-457-7790 • **to advertise** 212-457-7735 • **sales fax:** 212-952-1505 • **National and Executive Sales Director** Ed Abrams • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** advertising@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Managing Editor, Gossip Editor** Dorothy Robinson, dorothy.robinson@metro.us • **National News Editor** Jill Gadsby, jill.gadsby@metro.us • **City Editor** Allen Houston, allen.houston@metro.us • **Sports Editor** Mark Osborne, mark.osborne@metro.us • **Features Editor, Music Editor** Pat Healy, pat.healy@metro.us • **Deputy Features Editor, Home/Style/Food Editor** Tina Chadha, tina.chadha@metro.us • **Entertainment Editor** Alexandra Cavallo, alexandra.cavallo@metro.us • **Film/Tech Editor** Matt Prigge, matt.prigge@metro.us • **Wellbeing/Travel Editor** Meredith Engel, meredith.engel@metro.us • **Careers/Education/Dating Editor** Julia Furlan, julia.furlan@metro.us • **Copy Chief** Tracie Michelle Murphy, tmichelle.murphy@metro.us

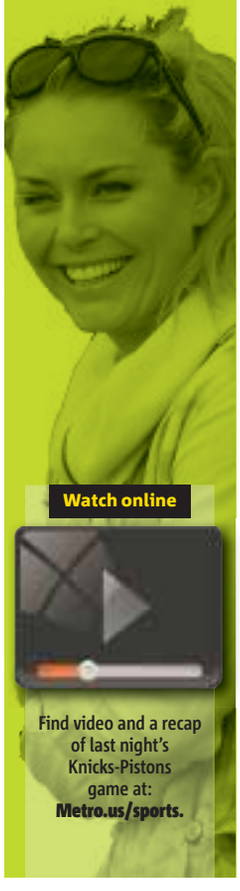
3

SPORTS

So sorry, Sochi

Lindsey Vonn out of Olympics

Olympic downhill gold medalist Lindsey Vonn, one of the biggest attractions in winter sports, will miss next month's Sochi Games because she requires surgery on her injured knee. The 29-year-old American broke the news on her Facebook page on Tuesday. "I am devastated to announce I will not be able to compete in Sochi," said Vonn.



Watch online

Find video and a recap of last night's Knicks-Pistons game at: **Metro.us/sports.**

Baseball Hall of Fame: Who deserves a spot?

The 2014 Hall of Fame class will be announced later today amid the usual controversy over steroid users.

MARK OSBORNE
mark.osborne@metro.us

It's that time of year when baseball fans have to drudge up talk of steroids again.

The 2014 Baseball Hall of Fame class will be announced this afternoon, and the list of deserving nominees — by the numbers — is getting longer and longer as players like Mark McGwire, Jeff Bagwell and Sammy Sosa get fewer and fewer votes.

But most of the highlight names among first-year eligibles in 2014 actually stood on the rubber during the steroid era, as opposed to facing it.

We leaned heavily on those eligible for the first time, including a pair of Braves aces, when we picked who we think should be getting the call to Cooperstown this year. But we found room for some controversial names as well.

Greg Maddux

Stats: 355-227, 3.16 ERA, four Cy Youngs

The winningest pitcher of his generation (one more than Roger Clemens) will be a first-ballot Hall of Famer and one of the highest vote getters ever — unless voters are feeling particularly angst-ridden. And don't blame him for the Braves only winning one World Series. He had a 3.42 playoff ERA and 2.09 ERA in five career World Series starts.

Mike Piazza

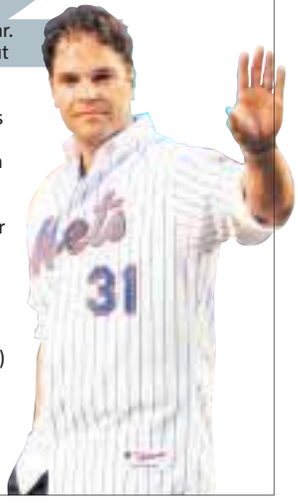
Stats: .308 average, .377 OBP, 427 home runs, 2,127 hits, 12-time All Star

The greatest hitting catcher of all time deserved to get in last year. And he hasn't struck out or grounded into any double plays since.

We all know Piazza's deficiencies behind the plate, but he more than made up for it in the batter's box. His 396 homers while at catcher is No. 1 by 45 homers over Hall of Famer Mickey Cochrane.

Piazza received 57.8 percent (75 percent is necessary for induction) of the vote in 2013. It's hard to estimate how much of that is steroid-related, but it has to be a large portion.

Piazza was never busted for performance-enhancing drugs, but the allegations have still stained him regardless of a lack of evidence.



Tom Glavine

Stats: 305-203, 3.54 ERA, two Cy Youngs

Maddux's longtime teammate (and, sorry Mets fans, but a denizen of Queens as well) often took a backseat to Maddux and John Smoltz, but he was also consistently great. The fourth-winningest left-handed pitcher of all time deserves to go into the Hall of Fame at the same time as the player he was a teammate with for 10 years.

Barry Bonds

Stats: .298 average, .444 OBP, 762 home runs, 2,935 hits, 1,996 RBIs, seven MVPs

It's time to name the greatest hitter any of us has seen to the Hall of Fame.

Pick any one of the justifications you want — he didn't start using performance-enhancing drugs until 1999, he would've been a Hall of Famer anyway, everyone else was using steroids too — and just get him in the Hall already. There's no one out there who doesn't understand he was tied up in the steroid scandal that wracked the sport during much of the past two decades.

The same goes for everyone being able to acknowledge just how supremely talented of a baseball player he was.

If Bonds isn't elected to the Hall in the next few years — and I certainly don't think it will happen this year after he received just 36.2 percent of the vote in his first opportunity in 2013 — people will begin to look back and wonder why. His 2001-04 seasons, even steroid-aided, are mind-boggling to look at all these years later.

Frank Thomas

Stats: .301 average, .419 OBP, 521 home runs, two MVPs

The Big Hurt is probably one of only two power hitters of the era (along with Ken Griffey Jr.) to escape the steroid taint.

It's for that reason Thomas will most likely be inducted in his first year of eligibility.

But there are few hitters who deserve it more from his era. He quietly piled up numbers the envy of any slugger, without needing to brag about it.

Mike Mussina

Stats: 270-153, 3.68 ERA, five-time All Star, seven Gold Gloves

So which will be more controversial, the steroid users not getting in the Hall of Fame or a 270-game winner getting in?

Mussina falls along the same line as many near Hall of Famers we've been debating for years (if not decades), such as Jack Morris and Jim Kaat.

But if you're looking at wins, you're not doing a very good job of picking Hall of Fame pitchers.

Mussina's career wins above replacement (82.7) rank 24th all time among pitchers. And the only pitchers who spent the majority of their career in the last 30 years who rank higher are Pedro Martinez (86), Randy Johnson (104.3), Greg Maddux (104.6) and Roger Clemens (139.4). He ranks two spots higher than Curt Schilling, who pitched two seasons longer, and four spots higher than Glavine, who pitched four seasons longer.

Legal and Professional Services

Directory

To advertise in this directory call Johan Svennerholm at 212.457.7823 or email JOHAN.SVENNERHOLM@METRO.US

metro

Over 60 Years of Experience

DINERMAN BERGAM & DINERMAN

ACCIDENT?

ALL ACCIDENT CASES HANDLED

Car/Bus/Train • Slip/Trip and Fall • Elevator • Real Estate

150 BROADWAY NYC • (212) 267-7575

Free Consultation **ASK FOR MARIA** *Hablamos Español*

ABSOLUTE DIVORCE

Hablamos Español

FREE Consultation

starting at $229 + court fees

212-504-2985

80 Broad St., 5th Floor, NY, NY 10004

www.absolutedivorceinc.com

Must bring in ad
Expires 2/28/2014.

LEGAL PROBLEM?
I KNOW HOW TO WIN FOR YOU!

Joseph B. Maira, Esq.,
MAIRALAWOFFICE.COM,
Cell **718-938-3728**

FROM:
$699 BANKRUPTCY
PAYMENT PLANS AVAILABLE • WE ARE A DEBT RELIEF AGENCY
INJURY • ACCIDENT POLICE CASES
FREE CONSULTATION • NO FEE UNLESS SUCCESSFUL
THE RAWLINS LAW FIRM
80 Broad St., 6 Fl. New New, NY 10004
212-470-2024

INJURED? WE CAN HELP

(212) 227-2100

Ask for Mike Pospis

Pospis Law, PLLC
The Woolworth Building
233 Broadway, Suite 2707
New York, NY 10279
www.pospislaw.com

BANKRUPTCY

Overwhelmed With Debt and Want a New Start?
Then Call Bankruptcy Attorney

Jay Simon • 718.222.4619

32 Court Street, Suite 805, Brooklyn
Bankruptcy Only, Chapter 7 Specialist,
Low Fee, One Set Fee, Installments,
Personalized Attention, Free Consultation

First Step to a Second Start!

Medical Research

DIRECTORY

To place an ad call Andrea Paz at 212-457-7831 or email andrea.paz@metro.us

---

Search and enroll in a local study on

ZipTrials.us

Powered by metro

Do you lose control over your eating?

Mount Sinai

Mount Sinai is conducting a confidential research study analyzing the effects of different treatment methods on binge eating.

ELIGIBLE PARTICIPANTS:

- Male or Female
- Ages 18 to 55
- Experience Binge Eating

WHAT YOU'LL GET FOR PARTICIPATION:

- 8 study treatment sessions over the course of 9 months
- Potential for up to $180

Participation is completely confidential.
Please **CALL:** (212)659-8724

MSSM IRB Approved through: 2/4/14

Psoriasis

Dealing with itchy, flaky patches on your skin?

You may qualify for a research study where you may receive:

- Study related investigational medication and procedures at no cost
- Reimbursement for time and travel

You do not need health insurance to participate.

CALL 917-768-7276 or
email SRG@sadickdermatology.com

Spa & Massage Directory

To place an ad call Mark Bonanni at 212.457.7754 or email MARK.BONANNI@METRO.US

metro

Men 4 men Body work

Grand Opening

Near Penn Station
216 B West
30th Street
212.933.0085
Main Floor
(between 7 & 8th Ave)

SEARCH IT.
FIND IT.
BUY IT.

metroclassifieds

metro classifieds

in print & online

TO PLACE AN AD:
866-900-9473
CLASSIFED.METRO.US
NEWYORKCLASSIFIEDS@METRO.US

CLASSIFIED AD DEADLINE:
5PM TWO (2) BUSINESS DAYS BEFORE PUBLICATION

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

Jobs

TV / Film / Musicians

Actors/Models/Dancers/Extras All ages/All types NEEDED!!! For film/TV/print/comm/catalog/runway. NO EXP NEC. All sizes welcomed! Call (646) 807.7402

General Help Wanted

Lobby Attendants/ Receptionists Morns/ Overnight Shifts. Benefits +Union 401K Pays up to $20.45/Hr. **Call 347-351-6447**

Activist Jobs!
Campaign to: -Keep Birth Control Affordable -Defend a Woman's Right to Choose - Protect Reproductive Rights $12-$16/hr FT/PT/Career Call Janet at **(212) 219-1502**

Customer Service

General Help Wanted

Ashmatt Employment Agency
Many Job Openings
Factories, Restaurants, Deli
Sales, Cashiers, Domestics and more
(718) 478-5690
Fee

TELMKTRS F/T EXP ONLY!
MADE YOU LOOK!!!
Now All You Have To Do is Call. Salary + Comm. + Bonus = $8.-$12/Hr.
David (212) 563-7500

Sales / Marketing

Sales/Sales Mgmt Openings!
Direct Sales on behalf of Verizon FIOS. Seek energetic, professional go-getters as well as seasoned, sales professionals Multiple campaigns / regions open.
Call 877-515-4189

Career Training

Want to make a change in your life? Interested in healthcare?
We offer hands-on training in a variety of healthcare fields. • Classes starting soon!
START TODAY!
888-806-6333
SBI Campus – an affiliate of Sanford-Brown - Melville
Melville, NY
sbmelville.edu

CUSTOMER SERVICE POSITIONS AVAILABLE NOW
• No exp. necessary • Great pay
• Training provided • Close to public trans.
For an interview please call 917-310-2511

Healthcare

Comp. Networking(A+,MCSE,CCNA)
Comp. Programming (C++,.Net,QA)
Medical Assistant
ESL (Free.. If you Qualify)

Nurse Aide (CNA)
EKG & Phlebotomy
Patient Care tech (PCT)
Dental Assistant
Pharmacy Tech. (PhT)
MS Office / CPR

Call: 866-487-5432
Access Careers, Brooklyn
www.AccessCareers.Edu
Close to 2, 3, A, C, G, R, Q, N, E, F, Train at Hoyt St
Financial Aid if qualify *Licensed by NYSED*

Healthcare

ACCESS INSTITUTE

JOBS
We Train & Place!
New Media Production (Audio & Video)
PCT• HHA• Medical Asst • EKG/PHLE/Pharm Tech
CNA Free Training*
SOLAR TECH
Call: 718-263-0750
STUDENT VISAS @ LOW COST
On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY
WWW.ACCESSQUEENS.COM

Careers

BRAMSON ORT EOE / AA
COLLEGE www.BramsonORT.edu

Spring 2014 Registration is in Progress!

- Financial Aid For Qualified Students
- Day, Evening, & Sunday Classes
- Exam Prep & Free Tutoring
- Affordable Tuition
- Small Class Size
- Career Internships
- Job Placement Services
- Modern Labs
- Veterans are Welcome

REGISTER TODAY

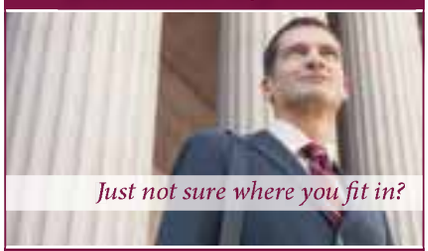
OPEN HOUSE EVERY WEDNESDAY!

• Accounting, Business, & Paralegal
• Medical Assistant, Billing & Coding, Pharmacy Technician
• Information Technology, HVAC & CADD
• Computer Programming, Electronics Technology
• Graphic & Web Design, Game Design and More!

Queens Brooklyn (866) 644-2925

THE BRAMSON ORT PROGRAMS GAINFUL EMPLOYMENT DISCLOSURES ARE POSTED ON WWW.BRAMSONORT.EDU

Interested in the
Justice System?



Consider LEGAL STUDIES at Briarcliffe College where you will learn over 20 different fields of law!
Day and Evening Classes Available

BRIARCLIFFE COLLEGE
Go Far.
Bethpage | Patchogue
877.490.9777
www.briarcliffe.edu

Career Education 566742–10/13. Find disclosures on graduation rates, student financial obligations and more at www.briarcliffe.edu/disclosures Briarcliffe College cannot guarantee employment or salary. While many of our degree programs are designed to prepare graduates to pursue continued bachelor, graduate or doctorate-level education, the University cannot guarantee that students will be granted admission to any programs.

Call and receive a Career Guide
brought to you by Sanford-Brown and Careerbuilder! Read about: -Job Searching in a Recession -5 Ways to Get Better Pay -Want Job Security? Work on your education and more! Call now, to get your copy!
877-871-6444
Sanford-Brown Institute • New York, NY • Garden, City
Licensed by the New York, State Education Department
Programs vary by campus
sanfordbrown.edu

Afraid of NEEDLES???
But still want to be a part of the healthcare field, working behind the scenes? Consider training in Medical Billing! Call now to get started!
877-818-6444
Sanford-Brown Institute, New York, NY • Garden, City
Licensed by the New York, State Education Department
Programs vary by campus
sanfordbrown.edu

NEEDED: People to train in Non-invasive CARDIOVASCULAR TECHNOLOGY!
Train in this exciting field and you could help save lives!
Call now to get started!
877-817-5444
New York, NY • Garden City, NY
Licensed by the New York, State Education Department
Programs vary by campus,
sanfordbrown.edu

Tired of your Job?
Want to pursue a new a career?? Not sure where to start???
With training in Medical Assisting, you too can start a new chapter in your life! Degree program available!
Call now to get started!
877-839-5444
SBI Campus – an affiliate of Sanford-Brown - Melville
Melville, NY
sbmelville.edu

Careers

CAREERS FOR THE 21ST CENTURY!

- **COURT REPORTING** (REALTIME WRITING)
- **CLOSED CAPTIONING**
- **PARALEGAL**
- **MEDICAL OFFICE SPECIALIST**
- **NEW PROGRAM • HEALTH INFORMATION TECHNOLOGY**

NYCI established 1941 NEW YORK CAREER INSTITUTE
• TRANSFER CREDITS ACCEPTED
• VA APPROVED

The College of Legal & Medical Professions.

Class Starts Jan 21st

OPEN HOUSE TODAY, Wed., 1/8 11a & 5:30p & Saturday, 1/11 11a

Call **212•962•0002** • www.nyci.edu
Day, Evening & Saturday Classes • Degree & Certificate Programs

11 PARK PLACE, NYC (Conveniently Located in Lower Manhattan)
For Disclosure Information, view Program Details @ nyci.edu

Services

Psychic

SHEIKH SALEEM
917.254.6647
MYSTICAL AFRICAN MEDIUM & SPIRITUALIST SOLVES ALL YOUR ISSUES, LOVE SPECIALIST, REUNITE LOVERS, BUSINESS, JOB, COURT, LUCK, BLACK MAGIC, PROTECTION, IMPOTENCY, IMMIGRATION, ETC. ENGLISH AND FRENCH SPEAKING.
QUICK RESULTS
www.africanmedium.com

Mr SHAMAN SPIRITUAL HEALER CALL NOW (347) 4745886

Natural born Psychic and spiritual healer

Are you suffering for love? are you tired of calling and never get a call back from that special person you love? is your love one ignoring you or neglecting you? Stop suffering call me now -------347 474 5886 -------

CLIENT TESTIMONIAL: My name is Maya, I've been married for 3 years, and my husband left me 8 months ago, he just said he had stop loving me, I went to Mr Shaman and he discovered that his mother had paid to put black magic on us to break us apart, Mr Shaman show me what they where doing, after that he removed that VOODOO and the very next day my husband was back in the house with me, Thanks Mr Shaman for your help.

I HELP WITH : Luck and money problems clean black magic spells get protection from enemies Court and legal problems REMOVE EVIL SPELLS from homes, business or persons **------Guaranteed Results------**
CALL NOW 347 474 5886
www.amazonianshaman.com
Consultations in Manhattan and New Jersey

Miscellaneous

FREE PERSONALITY TEST
Test the 10 key traits that determine your future **success** and **happiness**, and find out how to improve them.
(212) 921-1210 **Church of Scientology of New York** 227 W 46th St.

REDUCE YOUR CABLE BILL!
Get an All-Digital Satellite System installed for FREE and programming starting at $19.99/mo. FREE HD/DVR upgrade for new callers,
SO CALL NOW
877-356-0526

Psychic

Indian Astrologer Pandit: YOGANANDA

646-664-7058
PERFECT GUIDENCE... ASSURED RESULTS. An Expert Astrologer tells Past, Present, & Future. Provide Solutions for issues like Love, Health, Depression, Job, Family, court, etc. 100% Removal of Black Magic, Jadoo, Vodoo, Evil Spirits, & Bad Luck by special Poojas & Worships.
DONT WAIT!, CALL TODAY!!! GUARANTEED SOLUTIONS
104-12 115TH STREET
Richmond Hill NY, 11419

International Clairvoyant & Spiritual Healer MR. MADDY
917.754.8216
347.621.7777
Problem with love life, marriage, Relationship, bad luck,Business, stress, Court cases, black magic, Career, Sexual Depression etc. PRIVATE AND CONFIDENTIAL 100% GUARANTEED. DONT SUFFER IN SILENCE

Miscellaneous

Psychic

KADIR SPIRITUALIST AND MARABOU

Want solutions for all your problems? Heals the body, stops witches, defeats enemies, and offer powerful protection. Do you have problems with relationships, family, property, court, or immigration cases?
718-213-9945

Shiva Astrology Centre PANDIT: VINYAKA SAAHU

917-378-1436
347-543-2280
HAVE YOU BEEN DISAPPOINTED BY MANY ASTROLOGERS. It's RIGHT TIME TO TAKE RIGHT DECISION. We rectify your problem & Gives Right Solution for Curse, Black Magic, Jadoo, Voodoo, Obeya Depression, Business, Love, Health, Husband-Wife Relationship Jealousy Etc. THERE IS SOLUTION FOR ALL PROBLEMS... ARISE, AWAKE & CALL TODAY
165th St. Jamaica Ave., NY 11432

metro classifieds

in print & online

TO PLACE AN AD:
866-900-9473
CLASSIFED.METRO.US
NEWYORKCLASSIFIEDS@METRO.US

CLASSIFIED AD DEADLINE:
5PM TWO (2) BUSINESS DAYS BEFORE PUBLICATION

Psychic

SERIGNE
917-679-1518

Spiritual Reader & Coach bring back loved one, stopped infidelity in Relationship, marriage, fixed Domestic, issues, job,success in business, court case, removed bad luck, witchcraft, black magic. Stop enemy & offer protection.

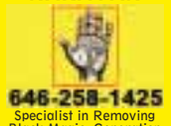
FAST RESULTS
www.spiritualrestore.com

Indian Astrologer Pandit: YOGANANDA

646-664-7058

An Expert Astrologer tells Past, Present, & Future. Provide Solutions for issues like Love, Health, Depression, Job, Family, court, etc. 100% Removal of Black Magic, Jadoo, Vodoo, Evil Spirits, & Bad Luck by special Poojas & Worships.
DONT WAIT! CALL TODAY!!! GUARANTEED SOLUTIONS
104-12 115TH STREET
Richmond Hill NY, 11419

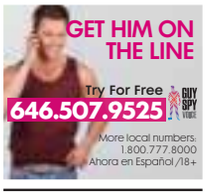
Durgamata Astrology PANDIT LAKSHMI NARAYAN



646-258-1425

Specialist in Removing Black Magic, Generation Curses, Black Hearts, Voodoo, Jadoo, Butu, Witchcraft, Obeya & Bad Luck. Provides Solutions for problems like Health, Depression, Work, Court, Jealousy. Kids, Job, Finance, Etc., Results Guaranteed.
117-13 LIBERTY AVE.
RICHMOND HILL, NY 11419

Phone Services



Legal Notices

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Thursday, January 15, 2014 at 2:00 p.m. at 66 John Street, 11th floor, on a petition from 2898 Bagel & Bakery Corp to continue to, to maintain, and operate an unenclosed sidewalk café at 2897 Broadway in the Borough of Manhattan for a term of two years.

REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

Legal Notices

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Dept. of Consumer Affairs will hold a Public Hearing on Wednesday January 15, 2014 at 2:00 p.m. at 66 John Street, 11th floor, on a petition from 170 Bedford Restaurant LLC to continue to maintain, and operate an unenclosed sidewalk café at 170 Bedford Avenue in the Borough of Brooklyn for a term of two years.

REQUEST FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Dept. of Consumer Affairs will hold a Public Hearing on Wednesday January 15, 2014 at 2:00 p.m. at 66 John Street, 11th floor, on a petition for 1462 Second Restaurant LLC to establish, maintain, and operate an unenclosed sidewalk café at 1462 Second Avenue in the Borough of Manhattan for a term of two years.

REQUEST FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Dept. of Consumer Affairs will hold a Public Hearing on Wednesday January 15, 2014 at 2:00 p.m. at 66 John Street, 11th floor, on a petition for Vino Five Group LLC to continue to, maintain, and operate an unenclosed sidewalk café at 201 East 31st Street in the Borough of Manhattan for a term of two years.

REQUEST FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that theNYC Dept. of Consumer Affairs will hold a Public Hearing on Wednesday January 15, 2014 at 2:00 p.m. at 66 John Street, 11th floor, on a petition for I Malatesta Trattoria Inc. to continue to, maintain, and operate an unenclosed sidewalk café at 649 Washington Street in the Borough of Manhattan for a term of two years.

REQUEST FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

NOTICE IS HEREBY GIVEN that a license #TBA for Liquor has been applied for by the undersigned to sell Liquor, Wine & Beer at retail in a Restaurant, under the Alcoholic Beverage Control Law at 1 Metrotech Center Brooklyn, NY 11201 for on-premises consumption. Chipotle Mexican Grill of Colorado, LLC

SEARCH IT. FIND IT. BUY IT.
metroclassifieds

Real Estate/Sale

PUBLISHERS NOTE
All real estate advertising herein is subject to the Federal Fair Housing Act of 1968 and state and local fair housing laws. The Fair Housing Act makes its illegal to advertise any preference, limitations or discrimination on the basis of race, color, religion, sex, handicap, familial status, or national origin or an intention to make any such preference, limitation or discrimination. State or local laws may make unlawful advertising that discriminates on the basis of age, marital status, or sexual orientation. Metro US will not knowingly accept any advertising for real estate which violates the law. The law requires that all dwellings advertised are available on an equal opportunity basis. If you have any questions regarding housing discrimination, call the Long Island Housing Services at 1(800) 660-6920 in Long Island or the Anti-Discrimination Center at (212) 346-7600 in New York City. To file a complaint call HUD toll-free at (800) 669-9777 or the New York City Commission on Human Rights at (212) 306-7500

metroclassifieds
to place an ad call
866-900-9473
or visit us at
www.metro.us

Homes

Real Estate/Rent

Apartments

Bronx 1 Bed Apt Starting at $975/mo. Trans nearby. Call 212-152-2600 or 718-444-4898 after 5pm & Saturday's.

Rooms

ALL MANHATTAN/BRONX

Furnished Rooms For Rent! Cable/Internet Ready! Move In today! All Utilities Inc. Starting Just $125/wk!
Call Us Now: (212)368-2685

Affordable Furnished Rooms in Manhattan

Utilities Included
Same Day Move In
Cable, TV, Internet
No Credit Check
$125 per week
Call 212-862-0457

100's Available, All Boroughs

Private Entry Bath Cooking
1 Person/2 Person $125wk/up
room rentals 212-697-3962

Homes

NOTICE TO THE PUBLIC

AFFORDABLE HOME PROGRAM
START WITH AS LITTLE AS
$1,000

GOOD CREDIT, BAD CREDIT, NO CREDIT
ALL CASES PROCESSED

CALL NOW FOR FREE REGISTRATION
MANY HOMES ARE FULLY RENOVATED

BROOKLYN, QUEENS, BRONX, WESTCHESTER AND LONG ISLAND
3.5% TOTAL DOWNPAYMENT NEEDED

Affordable Home Program LLC
NYS. Licensed Real Estate Brokers
116-16 Queens Blvd Suite 202,
Forest Hills, NY 11375
(718) 544-1200

There is no spokesperson with a catchy phrase to remind the driver to slow down, stop eating, quit messing with the radio or pay attention to the road.
There's Only You. Speak Up.

Ad Council SPEAK UP **URtheSpokesperson.com**

new price reductions on what you want right now!

50% to 90% off ORIG.* PRICES

50%-75% OFF
CLEARANCE
Orig.* $35-$650. **Now 12.25-$260.** Select woven & knit shirts, dress shirts, ties, sportcoats, suits, shoes & more.

EXTRA 30% OFF
TOTAL SAVINGS: 65%-80% Orig.* $29-$299. **Final cost 5.80-104.65.** Clearance tops, pants & more from our Style & Co., JM Collection, more. Misses, petites & women.

EXTRA 30% OFF
TOTAL SAVINGS: 60%-80% Orig.* 19.50-$79. **Final cost 4.78-19.36.** Juniors' clearance tops, pants, skirts & more.

EXTRA 30% OFF
TOTAL SAVINGS: 60%-80% Orig.* $10-79.50. **Final cost 3.48-19.98.** Clearance dresses, tops, pants, sets & more. Girls' 2-16; boys' 2-20; infants' 3-24 mos.

fashion & home clearance!

50%-75% OFF
CLEARANCE SHOES & BOOTS
Orig.* $39-$199. **Now 9.75-99.50.** Casual & dress selections.

EXTRA 40% OFF
TOTAL SAVINGS: 50%-80% Orig.* 7.50-$88. **Final cost 2.10-39.60.** Clearance selections: sleepwear, bras, pants, shapewear & more.

EXTRA 50% OFF
TOTAL SAVINGS: 80%-90% Orig.* 1.99-$23,000. **Final cost .35-$1443.75.** Clearance bed & bath, kitchen electrics, tabletop, luggage, more.

EXTRA 20% OFF
TOTAL SAVINGS: 60% Orig.* $200-$8000. **Final cost $80-$3200.** Clearance fine jewelry: necklace, bracelet ring selections & more.

plus, take an extra 15% or 10% off† with your Macy's card or pass!

†Exclusions apply; see pass.

WOW! PASS
EXTRA SAVINGS ON ALL SALE & CLEARANCE APPAREL! (EXCEPT SPECIALS & SUPER BUYS)

EXTRA 15% OFF

SELECT SALE & CLEARANCE APPAREL FOR HIM, HER & KIDS PLUS FINE & FASHION JEWELRY
EXTRA 10% OFF ALL SALE & CLEARANCE WATCHES, COATS, SUITS, DRESSES, IMPULSE, INTIMATES; MEN'S SUIT SEPARATES & SPORTCOATS AND SELECT SHOES & HOME ITEMS
Also excludes: Everyday Values (EDV), Doorbusters, Deals of the Day, furniture, mattresses, floor coverings, rugs, electrics/electronics, cosmetics/fragrances, athletic shoes for him, her & kids, gift cards, jewelry trunk shows, previous purchases, special orders, selected licensed depts., special purchases, services. Exclusions may differ at macys.com. Cannot be combined with any savings pass/coupon, extra discount or credit offer except opening a new Macy's account. EXTRA SAVINGS % APPLIED TO REDUCED PRICES.

TEXT "CPN" TO 62297 TO GET COUPONS, SALES ALERTS & MORE!
Max 3 msgs/wk. Msg & data rates may apply. By texting CPN from my mobile number, I agree to receive marketing text messages generated by an automated dialer from Macy's to this number. I understand that consent is not required to make a purchase. **Text STOP to 62297 to cancel. Text HELP to 62297 for help.** Terms & conditions at macys.com/mobilehelp Privacy policy at macys.com/privacypolicy

00001205100318240119

VALID 1/8-1/12/2014

★macy's

FREE ONLINE SHIPPING EVERY DAY + EXTRA 15% OR 10% OFF Free shipping with $99 purchase.
Use promo code: *SAVE* for extra savings; offer valid 1/8-1/12/2014. Exclusions apply; see macys.com for details.

the magic of ★macy's.com

BLOG APP

ORIG. PRICES ARE OFFERING PRICES, AND SAVINGS MAY NOT BE BASED ON ACTUAL SALES. SOME ORIG. PRICES NOT IN EFFECT DURING THE PAST 90 DAYS. WEEKEND SALE & CLEARANCE PRICES IN EFFECT 1/8-1/12/2014. *Intermediate price reductions may have been taken. Extra savings are taken off sale prices; "final cost" shows price after extra savings; does not apply to Everyday Values, super buys, specials or trunk shows. Clearance items are available while supplies last. Advertised items may not be at local Macy's and selection may vary by store. Prices & merchandise may differ at macys.com. N3120006.

OPEN A MACY'S ACCOUNT FOR EXTRA 20% SAVINGS THE FIRST 2 DAYS, UP TO $100, WITH MORE REWARDS TO COME. Macy's credit card is available subject to credit approval; new account savings valid the day your account is opened and the next day; excludes services, selected licensed departments, gift cards, restaurants, gourmet food & wine. The new account savings are limited to a total of $100; application must qualify for immediate approval to receive extra savings; employees not eligible.